



## HOUSE OF MOTHER'S AGENDA

#### (Continued)

Aware of his occult omnipotent Source, Allured by the omniscient Ecstasy, A living centre of the Illimitable Widened to equate with the world's circumference, He turned to his immense spiritual fate. Abandoned on a canvas of torn air, A picture lost in far and fading streaks, The earth-nature's summits sank below his feet: He climbed to meet the infinite more above. The Immobile's ocean-silence saw him pass, An arrow leaping through eternity Suddenly shot from the tense bow of Time, A ray returning to its parent sun. Opponent of that glory of escape, The black Inconscient swung its dragon tail Lashing a slumbrous Infinite by its force Into the deep obscurities of form: Death lay beneath him like a gate of sleep. One-pointed to the immaculate Delight, Questing for God as for a splendid prey, He mounted burning like a cone of fire. To a few is given that godlike rare release. One among many thousands never touched, Engrossed in the external world's design, Is chosen by a secret witness Eye And driven by a pointing hand of Light Across his soul's unmapped immensitudes. A pilgrim of the everlasting Truth, Our measures cannot hold his measureless mind; He has turned from the voices of the narrow realm And left the little lane of human Time. In the hushed precincts of a vaster plan He treads the vestibules of the Unseen, Or listens following a bodiless Guide To a lonely cry in boundless vacancy. All the deep cosmic murmur falling still. He lives in the hush before the world was born. His soul left naked to the timeless One. Far from compulsion of created things Thought and its shadowy idols disappear, The moulds of form and person are undone: The ineffable Wideness knows him for its own. A lone forerunner of the Godward earth, Among the symbols of yet unshaped things Watched by closed eyes, mute faces of the Unborn, He journeys to meet the Incommunicable, Hearing the echo of his single steps In the eternal courts of Solitude. A nameless Marvel fills the motionless hours. His spirit mingles with eternity's heart And bears the silence of the Infinite.

#### SAVITRI, Book I, Canto V: The Yoga of the King: The Yoga of the Spirit's Freedom and Greatness SRI AUROBINDO

The Ponder Corner If the central will is sincere, each recognition of a mistake can become a stepping-stone to a truer movement and a higher progress. *Sri Aurobindo ref. Letters on Yoga, p. 1509* 



#### ANNOUNCEMENTS

# Final list of participants for the 3-day selection process for AVC, WCom and FAMC

Dear community members, we are happy to announce here the final list of participants for the 3-day selection process, from the 3rd till the 5th of November.

All the following names have gone through the feedback process conducted by the TFRC (Temporary Feedback Review Committee) and are eligible to be potential members for the concerned groups.

The List of Nominees and Participants for the 3 groups selection process (AVC; WCom; FAMC) First Name, Second name, Community Anan, Eternity Judith Robinson, Grace R.anand, Gokulam Laksmi Krishnan, Farm Anand Shanti, Samasti L'aura, Centre Field Andrea Klagges, Harmony Manohar Fedele, Realization Aneeta, Sailam Matriprasad, Prayatna Angela, Alchemy Natasha, Creativity Angelo, Certitude Nicola, Transformation Aurore, Tranformation Nicole, Gaia Balaguru Ramasamy, Ponyfarm Parthasarathy Krishnan, Maitreye Bunty, Auromodele Patricia Henry, Creativity Carel, Samasti Rama Narayana, Courage Chitra Balaguru, Ponyfarm Ranjit Kumar, Mangalam Christine, Fertile Renuka, Arc-en-Ciel Rita, Centre Field Damien, Brihaspati Daniel Emdin, Sri MA Sauro Mezzetti, Grace Dheena, Aspiration Shivaya, Newlands Selvaraj A., Surya Nivas Dhruv, Adventure Divya Lieser, Kalabhumi Sindhuja Jagadeesh, Aurodam Elvira, Pitchandikulam Sonja, Aurodam Gijs Spoor, Udumbu Suryamayi, Gaia Gilles B. Harmony Susmita Ferrero, Arati3B Ingeborg Rieck, Angiras Garden Ulrich, Fraternity Ingrid, Arati Umberto, Aurodam Iris, Surya Nivas Uma Gimenez, Surrender Isabelle, Invocation Vani, Vikas Janet, Arati Venkatesh, Matreye Jean-Francois Pion, Sharnga Veronique Jobard, Svedam Jesus, Auroshilpam Vikram, Gaia Jill Navarre, Prarthana Viktoria Avakian, Inspiration Jothi Prasad, Surrender Yves Laborde, Udumbu Kavitha, Sharanga Zsolti Erdelyi, International Zone

Please note that the ongoing members of AVCouncil, Working Committee and FAMC as well as the newly formed L'Avenir d'Auroville interface team are participating in the 3-day selection process. If there is some missing information please let us know as soon as possible. The RAS team

#### YouthLink's Hive & The Pumphouse: A General Meeting to Discuss Developing Systems for the Harmonious Growth of the City

Dear Friend, the Residents' Assembly Service would appreciate your feedback, suggestions and input into the following General Meeting (called by the Pumphouse community) to discuss:

GM: YouthLink's Hive & The Pumphouse: -Developing Systems for the Harmonious Growth of the City WHEN: 4.30, Tuesday Oct 31 WHERE: Unity Pavilion This General Meeting aims to discuss how we, as a community and growingcity manage theway new largeconstruction projects are proposed and when approved, how their impact on neighbouring communities is addressed.

#### YouthLink Hive Project building application published

To focus discussion, the meeting will examine the issues surrounding the recently-announced building application for YouthLink's Hive project, located in the International Zone between Pumphouse and future Crown on plot no. IR 301/2 for 1800 sgm.

#### Proposed discussion questions

Please give us your feedback and add to the following proposed discussion questions:

1. How should new large construction projects be proposed and approved?

2. At what point and how should residents be consulted on new large projects?

**3.** How should we address the impact on new construction projects on impacted communities?

4. What do we expect of The City the Earth Needs in terms of harmonious growth?

#### Your Feedback Encouraged!

The RAS would greatly appreciate your constructive suggestions and input into this discussion. We encourage you to leave your comments in the comments field below and/or write to us at: <u>raservice@auroville.org.in</u>. Much love, *The RAS Team* 

L'avenir d'Auroville - Road repairs and new road opening

Starting end of October, there will be a lot of activity along 2 main axes.

- 1) Between the tar road from Edayanchavadi to Kottakarai and Visitor's Center entrance: paving the present earth track.
- Visitor's Center to Kindergarten: removal of worn-out pavers and their replacement. Complete removal of all speed breakers.
- 3) Kindergarten to Solar Kitchen roundabout: completion of the missing link and wearing course with pavers.
- 4) Between the tar road from Kuilapalayam to Edayanchavadi and Solar Kitchen roundabout: one stretch of the radial near Courage will be built over 920 meters. A street will be built from the radial to the Solar Kitchen roundabout. The wearing course will be made of poured earth concrete. This project has been announced in July 2017 via News & Notes.
- Solar Kitchen roundabout: this roundabout is being redesigned and re-dimensioned to fit with acceptable Indian Standards.

The work on the radial is done in collaboration between L'avenir d'Auroville, the Road Service, Auroville Earth Institute and Aqua Engineer. It has received the support of the Secretary & Under -Secretary of the Auroville Foundation.

The work is necessary and urgent in view of the visit of the Prime Minister in February 2018.

For security reasons, all speed breakers need to be removed. They will be replaced after the visit by removable ones in order to avoid future inconvenience and costly expenditures when VVIPs are visiting Auroville. A study is ongoing looking at the traffic separators and other security features of the roads, bringing them in harmony with proper norms. Signage as per Indian & international standards will be introduced.

The Road Service will announce in advance the dates of commencement of each phase of this work. All concerned Aurovilians are requested to collaborate positively in this massive effort.

#### L'avenir d'Auroville/TDC - Site and Building Applications - Correction from 21/10

<u>Amendment:</u> "CORRECTION: In the last N&N issue (No. 720), we mistakenly reported that the architect of the proposed Foodlink building is Office 4 instead of Buildaur. The mistake is regretted." *L'Avenir/TDC* 

#### Houses available for transfer

- 1. Apartment in Citadines: 1st floor 100 M2 + terraces -2/3 BDK, 2 bathrooms, completely furnished along with individual fridge, gas, UPS, and common facilities such as: cafeteria, laundry, workshop for maintenance of the flats, garage, and generator. Citadines is a collective housing experience, managed by a group who help maintain its quality, atmosphere and assure a harmonious mix of people.
- Windarra Farm- <u>TerraSoul- Sandyra's House</u>: Plinth Area: 204.53 Sq.m. Double storied RCC framed structure Residential building with Brick walls plastered in cement mortar, RCC flat roof and first floor metal sheet roofing consisting of open verandah, living cum Kitchen Bed room & Toilet with Open steel ladder. Community-Shared Parking lot. (Active participation and involvement in the Farm Community Project is required. Available in August 2018)
- Quiet <u>Andreas' house:</u> Plinth Area : 115.33 Sq.m. Single storied load bearing structure - residential building with Brick walls plastered in cement mortar, Bamboo roofing consisting of front veranda, living cum Kitchen & Toilet with open stair.
- Promesse <u>Velu & Suguna's House:</u> Plinth Area 72.33 Sqm. Single standing house residential building with inner and outer plaster brick wall, RCC roofing with covered for front verandah, living cum Kitchen Bed room & Toilet. Suitable for Family.

For more information contact: Housing Service (Town Hall) - Phone; (0413) 2622658 / e-mail: <u>housing@auroville.org.in</u>

#### HOUSING PROJECT UNDER CONSTRUCTION:

- <u>Kalpana:</u> The construction work is going on well. We are completing the first scope which is the structure, bricks, plastering and tiles on the roof and terraces. We will start soon the finishing. Out of 42 apartments some are still available in all the categories, STUDIO, 1 BHK, 2 BHK and 3 BHK. Will be ready 30th June 2018. Contact Person: <u>satyakam@auroville.org.in</u> - <u>Satyakam</u> is available in the model apartment on the site on: *Thursday*: 3pm to 5.30 pm & on 1st and 3rd *Saturday*: 10 am to 12.30 pm / <u>Surva</u> is available the 2nd and 4th Saturday.
- 2. Auromodele Orchard Several houses are still to be build. Will be ready in 2018. Contact person: Padmanabhan, Auromodele. Mobile: 8940220333

#### From The Entry Service - N&N # 721 Dated: 28-10-2017

Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Youth joining Auroville. Prior to Newcomer and Aurovilian status confirmation, there is a (1) month window for community feedback. Kindly forward your support or grievances to: entryservice@auroville.org.in

#### NEWCOMERS ANNOUNCED:

Celine PERROUD (Swiss) Staying at Saylam and Working at WELL Paper.

Marcia BOIKO (Brazilian) Staying at Courage and Working at Life Educational Centre.

Shang Chuan CHIANG (Spanish) Staying at Auromode and Working at Language Lab.

#### CHILD OF A NEWCOMER(S):

Maeva PERROUD (Swiss) Born on 01/09/2013 Samael BOIKO (Brazilian) Born on 19/01/2009 Valentine De Souza BOIKO (Brazilian) Born on 07/03/2007

### NEWCOMER CONFIRMED:

Magali (Gali) CHIROUZE (French)

#### AUROVILIANS ANNOUNCED:

**Auromira PARKS (USA)** Staying at Invocation and Working at The Learning Community.

Carmen PALINCKX (Belgian) Staying at Petite Ferme and Working at SAVI.

Palani MUTHUGANAPATHY (Indian) Staying at Courage and Working at AVAG.

Vani VINAYAGAM (Indian) Staying at Celebration and Working at Auroville Library.

Katarzyna (Shakti) WEIRZBICKA (Polish) Staying at Angiras Garden and Working at Matrimandir.

#### AUROVILIAN CONFIRMED:

Sandrine INIZAN (French)

AUROVILLE YOUTH TURNED 18:

Anna Maria BAKHTIAROUA (Russian) Staying at Dana and studying at Last School.

Elia BOVI (Italian) Staying at Dana and studying at Future School.

Isa Cayetana PRIETO (USA) Staying at Forecomers and studying at Future School.

Gauri Elisa MENEGHETTI (Italian) Staying at Petite Ferme and studying at Future School.

Priyamvada BHATT (Indian) Staying at Dana and studying at Last School.

#### LEFT THE PROCESS ON THEIR OWN Chloe SANCHEZ (French)

Yasmine LUNEL (French)

**NOTE:** Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF.

The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and **NOT AT THEIR PERSONAL REQUEST**.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovilian Resident.

#### ENTRY SERVICE OPEN TO PUBLIC TIMINGS Monday, Wednesday, Friday 09:30 AM-12:30 PM

Monday, wednesday, Friday 09:30 AM-12:30 PM Monday to Friday (by appointment only) 02:30 PM-04:30 PM Yours, The Entry Service

#### FOR YOUR INFORMATION

## A Commemorative Volume on Dr. Karan Singh

Dear Aurovilian, could you write something briefly - one or more sentences - on Dr. Karan Singh?

Renowned writer Prof. Manoj Das wrote the following about Dr. Karan Singh while nominating him for an international prize a few months ago.

"If there is one living person I have known during my not too short span of life who accurately fits into the definition of that wonderful phrase, "Entrepreneur of the Spirit", he is Dr. Karan Singh.

The era of Indian Maharajas is gone. Today many people may not be able to imagine the grandeur the position of the Crown Prince of the legendary Kingdom, Jammu and Kashmir, meant.

It is a miracle that such a prince, in his blossoming youth, should be interested, even if we take for granted that he was intellectual by nature, a topic like the "Prophet of Nationalism", the turbulent revolutionary life that Sri Aurobindo led in the first decade of the twentieth century, for his Ph.D. thesis.

Miracle indeed - when viewed from the academic or social psychological plane. But from the spiritual psychological plane, it is a brilliant case of an evolved soul, a spontaneous attraction for the most splendid doctrine in the history of spirituality that Sri Aurobindo presented in his postrevolutionary years: Man is an evolving being; his destiny is still in the process of denouement. One day the earth shall be Spirit's manifest home.

In a world that has become a breeding ground of despair and cynicism, Dr Karan Singh has inspired faith and hope for a future in millions of hearts over the years. The good earth does not lack in persons endowed with the gift of the gab. But I am sure, Dr. Karan Singh is one of those rare blessed souls who has used that gift for showing such a lofty goal, not only in India, but across the continents. At least once I was in another country, as a matter of coincidence, when he was there. He proved to be a new experience for his audience - an experience that resulted in cultivation of a positive attitude to life in many, assuring them about the values of compassion

## and of aspiration for an integrally progressive future of humanity".....

Dr. Karan Singh was appointed as the first chairman of the Auroville Foundation in 1991. He brought with him noble and benevolent presence, his inspiration, his esteemed collaboration to Auroville. Subsequently, he was appointed 4 more times as the chairman. Over last 25 years, he has visited for Auroville more than 35 times. Many of you in Auroville must have come in touch with him, heard him speak, read his interviews in Auroville Today. Some may even have communicated with him by email or letters. Some might have read one or more of his books.

Could you write down in one or more sentences your insightful sentiments, your perspective on this philosopher-prince, your goodwill about him and send it to me by email at aryadeep@auroville.org.in

Reason? I am entrusted to collect, select, write introduction and publish an illustrated book on Dr. Karan Singh's long association with Auroville in the background of his half a century association with Sri Aurobindo and the Mother. The title of the book is likely to be "Dear Aurovilian". One of the sections of the book will carry Aurovilians', perspectives and impressions of Dr. Karan Singh-ji over the years. Such a write up need not be long. One or two or three or five sentences something which brings out your deeper understanding of and feelings for Dr. Karan Singh. Of course, there is no restriction. You can also write a page-long reminiscences as well, if you feel impetus for it.

If you think you won't be able to write down but can speak about it, please let me know. We can sit together at Town Hall at your convenience and I will take down whatever you say which subsequently I will transcribe and send to you for your approval. Mob: 94 877 53 699

Please try to send your write up before 5<sup>th</sup> November 2017 All write ups will be acknowledged by email and will be considered for publication in the book with author acknowledgment. *Aryadeep* 

#### Why switch to electric transport?

Are you happily going about your life, zipping around on your bike? Do you wonder why you should change your mobility habits? Did you have an electric vehicle before, and did you go back to petrol because it was too much trouble?

Now things have changed - Electric Vehicle (EV) prices are going down, petrol price is going up.

A good quality, high performance full throttle electric cycle costs Rs 35,000. Compared to a petrol scooter, it may seem high, but the petrol money you save will buy you a new Lithium battery in 1 year, and an entirely new e-cycle in 3 years! New long-life batteries are coming on the market.

Lithium-ion batteries can be recharged at any time, so you never get stranded. You just take the battery out of the cycle and charge it on any normal outlet when you get home. You don't need to empty the battery before you recharge.

Conversion kits are better than existing Indian e-cycles. Kinisi found an very good electric conversion kit:

- 250W hub motor
- Lithium battery 10Ah, 48V
- speed up to 25 km/h
- autonomy up to 30 km
- full charge in 2 hours. From completely empty (not recommended) it takes 2.5 hours.
- very bright LED headlights and rear brake light
- electric horn.

Kinisi can fit this kit on almost any existing cycle and transform your life! With this kit, your cycle becomes a lightweight moped whenever you want.

Better expert service and maintenance for e-vehicles.

In case of problem with your e-cycle, you can come to Kinisi (we are at C.S.R. in the blue and yellow building) or go to the Electric Vehicle Service (EVS), next to the Puncture Service, where Govindaraj, an expert in electric transport, can maintain and repair your vehicle with great precision and care. All the arguments against electric transport are being addressed one by one, through technological advances and thanks to the goodwill of Aurovilians who understand the importance of moving towards smart transportation for the City of the Future.

Marlyse and Debo (for Kinisi)

#### A note on house sitting

As Auroville belongs to nobody in particular, it is a good practice to open up the houses to others in need of a (temporary) house, especially during our absence. Generally, people find a house-sitter through their own network. People do chose to make agreements with Housing Service however. Why? In short: to protect the house, the steward and the house-sitter.

The steward is not supposed to be earning anything from a house-sitting. The house-sitter should merely contribute to the smooth running of the place (community contribution, water, amma, gardener etc.) and to a provision for repairs. This way the house will be taken care of, it won't cost the steward anything during his/her absence and the house-sitter has a place to live for a reasonable contribution.

Housing Service can help the steward to determine the amount of contribution needed to maintain the house during his/her absence. This contribution is meant to compensate for the wear and tear of the house. It can be kept in a special account for this house and the house-sitter can just contact Housing Service when repairs are needed. Even after the house-sitting has ended, the money remains available for future repairs of the house.

When a house-sitter leaves unexpectedly, Housing Service can help the steward who is out of station more easily if an agreement is already in place. We can get the steward in touch with one of the people on our house-sitting waiting list: Aurovilians and newcomers in urgent need of a (temporary) place. If any problems occur between steward and housesitter, Housing Service can also help 'mediate' between them.

We strongly recommend stewards that go out for more than 3 months to make a proper house-sitting agreement through our office. In fact, stewards are encouraged to make an agreement for any length of stay...even a week!

The Housing Service team

#### Faces of Auroville

Dear all, we want to launch a photo project for the 50th anniversary.

It consists of taking a photo portrait of all the Aurovilians who would like to participate.

The aim is to include and honor each and every one of those who have been participating in the unfolding of the DREAM. We all bring something different and unique to the realization and manifestation of Auroville. This collection of portraits can be seen as a big "family picture" of Auroville, at this precise time in history, after 50 years in the making.

With the pictures we would also love to have 1 sentence coming from you; If you agree to have your portrait taken, we will ask you a simple question: "What is your aspiration / raison d'etre to be in Auroville", or more simply said, "why are you in Auroville?"

The final stage of the project would be to have all of the portraits displayed in a single given place within Auroville (without the name of the people under the picture), along with all the aspiration phrases.

We will try to take these portraits in diverse locations, such as: working places, public spaces, homes, etc. We will also organize given places and times for your picture to be taken if you wish to participate. Thank you.

Presently we are a team of 5:

Ashwin, Raman, Maggie, Mitia and Shivaya.

#### POSTINGS

Darkali Fitness Track is closed: Dear Fitness Track Lovers! Thank you for having you around! Darkali Fitness Track is closed due to monsoon from 23rd October until the further notice.See you soon! - Darkali Team

Signboards and information panels for the Matrimandir: We invite artists and designers to help us create iconic sign boards and information panels to replace or redesign all the existing ones. Send us an email: matrimandir@auroville.org.in and let us know who you are with couple of sample small size images of any past work or web-link. We will send you the guidelines and photos of locations, including Visitors Centre to Matrimandir pathway. The last extended date to send us email is 5th November.

Book Recommendations at Freeland: Dear all, we would like to announce these two titles available at Freeland bookshop

- "The Great Sir": The Amazing True Story of how Sri Aurobindo and Mother guided an American infantry man through his terrible French warfare in World War II

"The Light that Shone Into The Dark Abyss" is a subsequent book revealing how Sri Aurobindo's light defeated the darkness of the abyss that threatened the world. We have this title "The Light that Shone Into The Dark Abyss in French: "Sri Aurobindo Et La Mere Face Aux Forces Noires". Only a few copies. Both astonishing books!

#### WORK OPPORTUNITIES

#### Web Developer/ Programmer

Auroville Consulting is looking for a Web Developer with strong knowledge of different programming languages. The web developer will be responsible for developing the back and front end of different websites and IT platforms.

If interested, send us your CV and motivation letter at hr@aurovilleconsulting.com

#### Yoga Clothing Design support

Auroville Village Action Group stands for empowerment and wellbeing of the villages surrounding Auroville. AVAL Women's Social Enterprise was created by AVAG to provide livelihood for unemployed rural women through clothing design and tailoring that you can see at Anjali stall at the Visitors Centre

We are currently looking to expand our range to include Yoga clothing. We seek someone with clothing design aptitude to advise us on suitable designs so we can develop a yoga clothing range.

contact Anbu For further details at: avagoffice@auroville.org.in / 0413 2678871 or 9443702387



#### AUROVILLE RADIO



#### **Dear listeners!**

We realized that Orinoco users cannot open our web page, and we are extremely sorry for that. However we are trying to resolve the issue with them... Our live streaming can be heard on:

#### http://radio.garden/live/villupuram/auroville-radio/ - From our volunteers we have:

Romel recorded gathering of members on Exploring Prosperity. Ray captured Tabla Recital by Sanjay Mukherjee.

Gino did the Skate Park.

Rtm - full recording of latest Claude Arpi's book presentation: The Last Months of a Free Nation, and you can listen to interview with Serena Aurora's Eye.

#### Within our regular programs:

Gangalakshmi reads her Selections of Sri Aurobindo and The Mother texts in French - uncut version on the request of listeners

Marlenka continues with Synthesis of Yoga by Sri Aurobindo. Loretta is reading Mother's Q & A, 1/8/56, and reads Savitri, B. III, C.II.

Out of the regular programs are here the news of Thursday, and Monday.

Within the musical podcast you can listen to jazz mix Left Alone, we have Tribute to Carlos Santana, jazz with Faded Pictures, and interesting Djanfa Magni or African Scream. Happy listening,

Your AV Radio Team [www.aurovilleradio.org]

#### THANK YOU

#### Exploring Prosperity

Dear Aurovilians,

Exploring Prosperity Team would like to thank all the participants of the meeting we had on 17th October at Unity Pavilion. It has been a beautiful moment, full of creative energy, aspiration to move forward and commitment to work for a change.

This general gathering was organized to bring together all the people who had express interest to work on Exploring Prosperity actions. We facilitated the process by inviting the participants to join Focus Teams working on specific areas such as Services, Commercial Units, Economic Growth, Education, Farms & Forests, Self-Governance, Fixed Assets & Human Resources

The Focus Teams target is to channelize further this emerging transformational energy and propose short/medium/long term solutions aiming to realign with Auroville's ideals. This was Exploring Prosperity second large meeting. The work is now in progress with the weekly meetings of the Focus Teams. Once we are ready with concrete proposals a third large meeting will be called. If you are interested, you can still join the Focus Teams

Exploring Prosperity is an open initiative and welcomes people who are willing to work in a common aspiration for progress and change.

You can contact the team on exploringprosperity@auroville.org.in or come to join our weekly core meeting every Saturday, 10 - 11.30 am at Citadine Art Centre, Video room.

## Deepawali Celebration Dear Auroville Community,

This year Deepawali celebration took place at Solar Kitchen area on Tuesday the 17th October 2017, from 6 9.30pm. Around1500 poeple participated in the Deepawali gathering which was much appreciated being in the open space.

Events:

- Dinner at Solar Kitchen,
- Open area Dosa place,
- Lighting of Oil Lamps,
- Small Fire Works,
- Children's Cultural Program.

We enjoyed the evening together with our Auroville family and friends.

We would like to thank the community as a whole for making this event a wonderful evening.

Best Wishes for the year,

Auro Sangamam Team

#### From Aurore

After 4 years, it's now time for me to go to France and get a new visa. You've had an important part in those 4 years...

First of all I would like to thank the units who trust and support me: MGDuties, Auromics, Colours of Nature, WELL Paper, EcoFemme, and Ofa from Miracle, and Ireno.

All the persons who have helped me to grow or will help me, in particular Iris and Denis.

The ones who have a very special place in my heart... All the Fertilians, from Aurogreen, Fertile East, Fertile Fiels, and the staff of Solar Kitchen. Xavier and Ishita. Botanic Garden. Tonton Gerard.

And also a "merci" to Manu and Satyaji for my lovely terrace.

Wishing you all a beautiful monsoon and a great planting!

Love. Aurore (Fertile)

#### EATING OUT Neem Tree Opens for Lunch too! Dear Friends, Neem Tree (Mahalaxmi Park) will launch its Delicious North Indian lunch service from 1st Nov. LUNCH AT onwards! NEEM TREE You can take tiffin or eat on the spot! Contribution: 80/-Lunch Time: 12 to 2pm afternoon! Menu: Chapathi (Everyday variety); Rice (Everyday variety); Cooked veg (Everyday variety); Dhal; Salad; Papadam; Pickle All are welcome!! Neem Tree cafe now opens for longer hours to serve the community! New timings will be: 12 PM to 10 PM! (Lunch, snacks and dinner will be served) from Nov 1st onwards! (SUNDAY CLOSED)

#### NOTES

## Petition on Auronet - Update

The <u>petition</u> objecting to the invitation of the SAS in Auroville for the 50th Anniversary is still up on Auronet as there is no clarity yet on the next steps regarding this matter. My <u>open</u> <u>letter</u> was originally addressed to the Auroville Council but no reply has been received so far. The Working Committee of The Resident Assembly sent a <u>reply</u> but our follow-up <u>questions</u> have yet to be answered - AVC and WC are now planning to talk about it on Friday 25/10 and I will be meeting them on same day. Thank you, *Surya (Surrender) - click on the links to see the documents on Auronet*.

## ■Joy of Impermanence, Yoath Hive and Pamp Hoase

It must have been a big disappointment for Pumphouse people to learn that their joy was premature. Youth Hive is not projected to move to the site discussed here, these are two different projects by the same team. One really wonders if the decades long involvement of Grace and her people couldn't deserve a more friendly reply and attitude by the groups in charge, by Auroville, whose representatives they are. As Mother said, 'The world is full of suffering and sorrow. one should try never to be the cause of any additional suffering' (AMW; 10,10.70)

As to Impermanence... 'O to see no longer the appearances which change incessantly; to contemplate only Thy immutable oneness in everything and everywhere. O Lord, all my being cries to Thee in an irresistible appeal; wouldst Thou not grant that I may become Thyself in my integral consciousness, since in fact I am Thou and Thou art I?' - The Mother, Prayers and Meditations.

After mistakenly expressing their joy that Youth Hive is moving to the plot near Sacred Groves called Joy of Impermanence (<u>https://www.auroville.org.in/article/65258</u>) Pump House people were shocked to hear that both are actually different projects by the same team. Reasonably and economically such a big area of 10.000 sqm could easily be used to accommodate Youth Hive too, for which an area of only 700 sqm is projected. This space will conveniently fit in the 9000 sqm of empty land out of the 2.5 acres which will be given to 'The Joy of Impermanence'. In fact, in September 2016, the iTDC had communicated in writing that the Youth Hive will not come up next to Pump House.

Youth Hive located at Joy of Impermanence under the same project holders would be a very good and fitting solution. Both are addressed to youth, who can involve themselves in many ways immediately in all the laudable activities proposed for the Joy of Impermanence. Plenty of space to youth will be available to deploy all kinds of activities including the proposed ones for YH, like Entrepreneurial Kitchen (existing in PTDC and will be shifted when Youth Hive building is ready), Cafe, Youth Link office for 12 people, Hostel, Display of Youth work, Multipurpose Space which is meant for seminars and workshops related to youth. The presently proposed location for YH at Pump House site is very unfortunate. Lots of unavoidable noise and disturbances will happen for the residents working for Auroville since 30 years, and trouble the meditative atmosphere prevailing at a nearby place like Savitri Bhavan.

Another serious danger is the traffic which is going to happen when YH becomes active with 70 resident youth and many more visitors/workers in their cafe and office without an timeframe (daily 250 people in & out). Already now the junction Savitri Bhavan/SK-VC road is very dangerous, because some people taking the path towards Kottakarai via Savitri Bhavan take a short cut and move to the right side of the path instead the left, endangering people coming from SB site correctly on the left side. Only recently one member of SB was seriously hit like that by a biker who raced on the wrong side after changing road. Imagine what will happen when dozens or hundreds of youth and their visitors throng that path!

I'm also wondering about the description of Joy of Impermanence as basic concept of spirituality. 'This is one of the main practical consequences of the Joy of Impermanence: we are committing to respecting the impermanence of our project on the land allocated, because this is a lifestyle we are choosing. We made this choice because we want to integrate the most fundamental concept of spirituality and physics in our life: the constant impermanence of things, and going towards losing the idea itself of material possession.' 'Anyone who is ready to try this adventure to live on impermanent bases like nomads, to take care of Auroville lands and to build themselves the place. We would love to have an inter-generational population in this community.'

Spirituality aims at the One, the Absolute. It strives to overcome the addiction to impermanence. In Vedanta it is the One who is aspired for who is at the base of the diverse creation and in whom true Joy is to be found. To stress the Joy of Impermanence may lead totally astray; it is the opposite of our basic spiritual aspiration. The Mother said : 'All those 'imperative needs' I called the seeds of evolution are the levers or springboards to make man realize that the ONE AND ONLY, the one and only absolute is the Supreme; the one and only permanence is the Supreme; the one and only security is the Supreme; the one and only immortality is the Supreme. That the only purpose of manifestation is to lead YOU THERE.' Agenda, 30.11.62

Mother never supported a nomadic life style for Auroville. She insisted on solid buildings in Auroville which can withstand the impacts of the tropic climate. Stressing the joy of impermanence misses the aim of the Integral Yoga which strives to unite Permanence and Impermanence in the ONE. *Martin Sobieroj* 

### Published Building Application for Youth Hive Immature

Open letter to the Working Group - conflict of interest. Dear all,

We just read the News and Notes and got disappointed seeing the building application published for the Youth Hive.

We have called for a General meeting (70 signature) to object the NOC itself for Youth Hive but how come they have published the building application while the GM is in preparation.

We also need some clarification, as far as we know the feedback for a building application is for two weeks, isn't TDC going under selection process today (Friday October 20<sup>th</sup>), so who will be responsible for the feedback of the building application that has been published? The new members or the old members whose term is over - or the feedback is not even considered?

After mistakenly expressing their joy that Youth Hive is moving to the plot near Sacred Groves called Joy of Impermanence (https://www.auroville.org.in/article/65258) Pump House people were shocked to hear that both are actually different projects by the <u>same team</u>. Reasonably and economically such a big area of 10.000 sqm could easily be used to accommodate Youth Hive too, for which an area of only 700 sqm is projected. This space will conveniently fit in the 9000 sqm of empty land out of the 2.5 acres which will be given to 'The Joy of Impermanence'. In fact, in September 2016, the iTDC had communicated in writing that the Youth Hive will not come up next to Pump House.

a) The ADMINISTRATIVE POWER (please use your Power for the Goodwill & Truth and not manipulate & lobby) the iTDC itself supporting the building "Architecture advisory: Fabian (Pitchandikulam); (Young) Architect: Aswin (Pitchandikulam) for the Joy of Impermanence.

b) The Working Group members are advisory members of the Hive project: Inge, Divya, Mandakini, Ole.

As the WG is involved directly and indirectly in this issue we wonder how it will reach justice in our case.

We collected 70 signatures to call GM on objection for the site application NOC. Now we are collecting petition against the building application.

Thanking you

Pumphouse community members (Submitted by Grace)

### The Present

Quite powerful, this present moment for me: tough situations everywhere. In Patagonia, just where I was staying and working with the Mapuches... again Beneton and the Army are against them, despite being the real owners of the Land. In Spain (from my parents I have this Nationality too) painful also, violence, no harmony... And in Auroville where I have decided to stay to be part of this Universal Town, also some problems come up and the need to face them - we are trying to get closer to the Dream, Her Dream, Our Dream... Although They said to us that everything that's happening is the best that can arrive, sometimes it is not easy to face it without pain. "The Hour of God" as Sri Aurobindo said?

Again thanks to You, dear Master for giving me the strength to

go on working for the Truth and the New World... 🤝 Anandi (Realization)

### ■Just to be aware... Much happens on our planet!

Geomagnetic storms are increasing in intensity these days... Since September we feel a particular pressure, on our heads. The sky is covered with white and pink clouds, even in the black moon nights ...isn't it?

Magnetic storms or electric storms come from solar eruptions (at least this is the official version).

These storms create great disorders in our energy field, physical body, in our mental function and nervous system. They also disrupt our actions, reactions, feelings and environment, including electronic and digital devices as well as nature in general.

A recent example was the night of Sunday October 22 from 10 pm to 12:30 am. During more than two hours that night, magnificent and continued Celestial-electric-shocks were pounding on our heads.

Did you see and feel it too?

So...it looks like we are not alone in this adventure, it seems to be global! Relax! Breathe deeply, take a moment to detach from your daily activities, and contemplate the theater in which we are all participating...

Take time to be in peace, silence and to re-connect with our Center, and with Source.

A lot of things are moving on the planet at this time.

Many people suffer terribly today.

Work for Unity!

Maintain a smiling and generous heart full of love and gratitude.

The privilege of this Earth and this piece of land (Auroville) that has been entrusted to us, goes beyond what our present human perception can understand!

Pray with the innocence of a child, for this delicate transition that our Mother Earth is going through.

Here are a few links of Geomagnetic Storms...Enjoy!

1-tesis.lebedev.ru/en/forecast\_activity.html (26/10 to 19/11/2017)

- 2-www.spaceweatherlive.com/en/reports/3-day-forecast
- 3-earth-chronicles.com/science/october-13-the-earth-will-starta-magnetic-storm.html

Lots of Love, Ana. M

#### AVAILABLE

Sharing design space @ upasana: Creative designer people working with textile and craft and looking for a place, welcome. Upasana is happy to share some space. Special attention for young startup from Auroville. Please write to: Office@upasana.in

A puppy: a survivor urgently looking for adoption - Contact *Kamal*: 7708541587 or kamalgiri108@yahoo.com.

<u>2 puppies</u>: We found two cute Labrador puppies on the coconut road. They cannot stay with us because of our own dogs. Who can help in giving them a nice home? Call 7708595796. Namaste. *Joël* 

Bed and armchairs: I have a queen bed (128 x 215) and two armchairs. Contact Sara: 944 36 17 308

**4 years Old Solar Set:** 2 Solar panels 140w, 1 Inverter 850 VA, 1 Charge controller, 1 Battery, Concrete Plot + metal support and around 10 meters wire. *Florent:* 84.89.753.734

A pair of Crocs and swimsuit: Rainboots dark blue, size 8 W. Brought in Germany for my son but his feet are too large. New swimsuit H&M 36 (too small for me), colour pink & brown Batik. For contribution. Call 9943368410 - *Kay* 

**Babysitting:** I can take care of children from all age groups, including cooking and helping with home works. Available on week days + weekends. Please contact *Adrianna* at adrianna.berezowska@gmail.com or +491745726856

Freezer and Stabilizer: Haier Chest Freezer HCC-345 HTQ (345liter capacity) - Almost new, with guarantee and Stabilizer. Was purchased on the 17th of August. Contact: Sarah@auroville.org.ln - Sarah K.

Sari: Beautiful red (not bright red) and golden sari available. Worn only once! If interested please contact: elisainki@yahoo.it - Thank you, *Elisa* 

Moped TVS x1100: nearly new, bought in April 2017, 2400km, TN registered, 1 box, full maintenance, no damage, first hand, kept in garage - call *Anne-Sophie*: 9489002103 / 0413-2622081 / annesophie@auroville.org.in

Fund raising cakes: Hello my name is Asia and I am doing a fundraiser to bring my half-sister to Auroville - my proposal is you can order a cake and I will deliver it to you in Auroville. I can bake cakes, cupcakes and cookies. If you would like a cake with a unique design let me know and I will see what I can do - contact: 7094823921 / Account#6281 - Thanks, *Asia* 

#### LOOKING FOR...

**Used Roof Tiles for Garden Project:** We are seeking used red clay roof tiles - either the flat machine-made type or the old style, curved, handmade variety - for a Japanese garden project at Botanical Gardens. We need a large number of them, so if you see any construction areas that are removing them, please let me know. We will arrange pickup. Contact *Noel* at: <u>earthyoga@hotmail.com</u> or 2622816. Thank you!

Sewing machine: This is *Mimansha*. I am a Newcomer and am recycling old clothes in Auroville. I am looking for a sewing machine (in working condition) If anybody has one and is not using it, please do let me know. Call / Message: 9920996080 or email: <u>mimansha.pho@gmail.com</u>

Work as a Graphic designer: Our friend Batmanabane P. from Muthialpet, a very skilled graphic designer, particularly in Photoshop, is looking for a job in Auroville. We know him from years of reliably delivering of flyers and certificates (even on our door steps). Batmanabane P. has 15 years of experience at Grand Digital Colour Lab in Pondicherry. He is very friendly and speaks Tamil and English. If you would like to get in contact with him, please call 9486520798 or write to ravibatman@yahoo.co.in. Submitted by Daniel Bongard **Smartphone:** Dear friends, I'm looking for a smartphone (not Apple) in good condition for a fair price. Please contact me by email: soltys.valentin@gmail.com. Thanks, *Valentin* 

Someone traveling to Germany: soon and willing to take some Matrimandir Calendars in his/her suitcase. The Matrimandir Calendars are destined for the AVI-Center in Berlin. If you travel to any other German destination, postage fees will be reimbursed. Please email: <u>tine@auroville.org.in</u> or phone *Tine* 890 3938 649. Thank you very much!

#### LOST & FOUND

Cannon camera battery charger (Lost): English plug please contact Serena 8489760966 / serena\_aurora@auroville.org.in

1 IPod Nano w/ear buds (Lost): It was in a small dark blue nylon bag. Contact Peter: 780 709 4073 - Nice reward offered!

Flip Flop (Found): After the Deepawali Celebration at Solar Kitchen, last 17th, I caught by mistake the right foot of a flip flop, near the stage. Please, if you found my flip flop, contact me to give you a new one: <u>umberto.cerasoli@gmail.com</u>. *Umberto* 

<u>2 Pairs of Women Sandals (Found)</u>: Have been exchanged by mistake. If you are missing yours, come and see the News&Notes office.

#### ACCOMMODATIONS

House-sitting 1: Dear Aurovilians, this is *Christian*, a longterm volunteer and pre-newcomer volunteering at Blue Light. I am looking for a house-sitting from the 23rd of November onwards, for at least 3 months. I have been house-sitting before and I will be happy to provide references about these past experiences. I like cats, gardening and being happy. My contact is: <u>chrisgonies@gmail.com</u>. Love for all.

House-sitting 2: Hi everyone! I'm Meghan, a French painter, volunteering for more than a year in Auroville 2 years back. Now, I would like to come back to pursue my projects in handicraft with the locals. So I'm looking for a house-sitting with my partner in or around Auroville. I'm reachable by email: meghan.gillet@gmail.com or on Whatsapp +91 770 822 4745 and would be glad if someone could help me out to find a place from the end of November till next year. Thank you so much!

House-sitting 3: Hello dear all, my name is *Elisa*, I am an Italian long-term volunteer going through the Newcomer process .I work in Deepam school and I'm looking for a long-term house-sitting .If you know of any, please contact me: elisainki@yahoo.it - Thank you!

House-sitting 4: Dear Aurovilians, my name is Umberto and I am looking for a house-sitting opportunity from November onwards. I have been a long-term volunteer at the Auroville Art Service since January and I am a pre-newcomer. I've already done four housing-sittings in Auroville and I can take care of your house, garden and animals. Please contact me at: umberto.cerasoli@gmail.com

House-sitting 5: Dear Aurovilians! We are a family - Dmitriy, Anastasia and our 6 years old daughter. As newcomers we are looking for a house-sitting opportunity from the 4th of December. We will take good care of your house, garden and animals. We are quiet and responsible. All suggestions are welcome. Please contact us at: <u>aanastasia78@gmail.com</u>. Thank you in advance!

House available 1: from 1<sup>st</sup> of November, a small house for eco-friendly Newcomers or Long term Guests is available. A few hours per week of participation in the forest work is required. Contact <u>amber@auroville.org.in</u>

House available 2: My house in Quiet is available for housesitting for a single person or couple till the 13th of Nov and includes pet care. Please email <u>nandita@sharan-india.org</u> or SMS - 9488483286. I will call you back. Please don't call. *Nandita* 

#### TAXI SHARING

Please note that there is a new Auroville service of taxi sharing available with STS at: http://sharedtransport.auroville.org/

November 2nd: Thursday -Taxi sharing both ways (1 person goes, returns empty) - From Auroville Centre Guest House to Chennai Airport. Leaving at 8 pm. Contact: grochowska.ewa@orange.fr. Thanks, Ewa

November 15th: Thursday -Taxi sharing both ways (1 person goes, returns empty) - From Auroville Centre Guest House to Chennai Airport. Leaving at 6 pm. Contact: Danielle 9159818106

# Week's 🛗 Happenings

AMPHITHEATRE - MATRIMANDIR Meditation with Savitri read by Mother to Sunil's music Every THURSDAY - 5.30 to 6.00 pm Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville! <u>Reminder to all</u>: The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos. Dear Guests, please carry your Guest Card with you Access only for the Amphitheatre from 5.15 pm. Please be seated by 5.25 pm. Thank you, Amphitheatre Team

### INVITATIONS

Sri Aurobindo Centre for Studies India and the World - Bharat Nivas

#### Our Auroville Experience...

We will meet on Friday, October 27th, 2017, at 4 pm in the Resource Library To continue our reading / study of "The Synthesis of Yoga". Till then...*love, Aster* 

## "Walk of Hope" through Auroville and the surrounding villages

January 28, 2018

Sri M is a social activist, educator and spiritual guide who grew up in Kerala, and then spent a few years wandering through the Himalayas, in search of a higher Truth. Sri M has walked kilometers in the name of peace, in India and abroad. Find out more about Sri M and his Walks here:

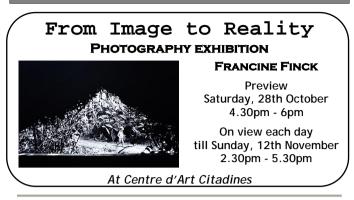
#### m.youtube.com/watch?v=L3fnIzYBbJY



In line with our project, we have asked him to come and walk with us in and around Auroville and the surrounding villages, as an invocation for peace, within and without. Dr. Karan Singh is also a good friend of Sri M, and he is very happy to know that a Walk of Hope will take place in Auroville.

We hope you will WALK with us...! With love, *Restorative Auroville* (L'aura, Janet, Shanti, Helene, Kati) In collaboration with Franz, Shankar, Moris, Tixon, Banu, Mala and others...

#### **EXHIBITIONS**



"From image to reality" - A review

"My child, my sister, Think of the rapture Of living together there! Of loving at will, Of loving till death In the land that is like you"

The famous poem "Invitation to the Voyage" by Charles Beaudelaire accompanied by the photograph of two young Sri Lankan girls dreaming, is the opening of the black and white photography exhibition "From Image to Reality" that Francine Finck is presenting this coming week at Citadines. The exhibition is a retrospective of a life - with its dreams,

emptiness and the hope of what the future will bring. Professional and amateur photographers will especially appreciate Francine's remarkable use of argentic or analogue photography.

This adventurous woman from Mulhouse, France, started her professional life as a female comedian, and went on to be a genetic medicine technician, which is when her interest in photography truly emerged. At that time, in the dark room, she developed pictures of cells and chromosomes! Her journey includes workshops with world famous photographers, crossing Egypt all the way to Khartoum with her Leica and documenting psychiatry in villages in Senegal. She was a great friend of the late Aurovilian photographer Dominique Darr and helped in the creation of Dominique's book and exhibition on the Matrimandir in 2017, "When the Adventure Begins".

"Above being a biographic itinerary, this work would like to be a testimony of games with images, reality and symbolism, through a moment of life", says Francine. With 20 photographs, all powerful in their content and quality, the exhibition unfolds like a literary allegory of dreams and emptiness. It starts with travel pictures taken in Sri Lanka, India, Arles (France), and Senegal, and then moves suddenly to empty bedrooms, two of them with white wedding dresses on a chair or hanging, almost like they were waiting to be worn. I won't spoil the continuation of the exhibition as it moves on from emptiness to Godliness in its own way.

Apart from the moving story and the superb curating, it is the quality that makes this exhibition exceptional. Note has to be made of the print, details, composition, lines, writing - all requiring structure and discipline. Without rigidity, Francine knows how to stay elegantly sober and precise, and in a way this is what gives superiority to this specific black and white work.

From cells to photographic art, this beautiful 'movie' of a photographic life starts with an invitation to a voyage and all the hope it holds, and ends by opening up to the future with a picture of Auroville: A naked young child runs through the foliage of lush trees and the description reads, "Laboratory of Evolution Research on a Plateau of Red Soil in Tamil Nadu". *Francine Finck is a Friend of Auroville.* 

By Corinne for AVArts (See above for the exhibition timings)

#### CULTURAL EVENTS



### KALABHUMI Goes Live!

<< October Edition >>

Saturday 28/10, at 8:00 pm ♫ Kalabhumi Studio ♫

Shalini & Sandeep ~ greek traditional music Joshua Trulson ~ singer and song writer Ray Barelli ~ plays his electric veena Swaha Blues Band ~ blues roots and classics Dhani Muniz Trio ~ a fine selection of rock tunes

The event will be held outdoors this month... But in case of rain we will arrange indoors like done in September... See you folks!

### CLASSES, WORKSHOPS

Bharat Nivas in collaboration with Japanese Pavilion Invites you to participate in:

"Let's enjoy ORIGAMI"

Date & Time/ Friday 3rd November 2:30 pm~4 pm Place/ Annam Kitchen (behind Kala Kendra, Bharat Nivas) in case of rain we will have different venue, so please come anyway!

November is an autumn month in Japan... Let's make Maple leaf and Dragonfly to feel the Japanese autumn!

Bookings not needed, all are welcome!

Contact; Tomoko or Emiko on letsenjoyorigami@gmail.com

#### Introduction to Sri Aurobindo's World Vision

A series of illustrated presentations delivered by Muriel On Mondays from 11 am to 12 noon At Savitri Bhavan (reading room)

Topic this week (Monday 30th October - 12th session): The Psychic being and the Central Self above.

The course covers some of the basic concepts of Sri Aurobindo's philosophy. It will answer the fundamental questions: Why are we here? What is the nature of reality? Who are we? What is the aim of life? What is 'God'? Etc. It is designed to be quite intense but still accessible to a larger public. *All are welcome.* 

#### Beginner Aerobic class in November

Starting Friday 3 November from 5-6 pm at New Creation Gym - Basic steps but still a good workout Please bring water and a towel.. Hope to see you, *Bobby* 

#### Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother - 31st October (Tuesday) This week: 'Self-realisation'

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother • Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan - Time: 9 am to 12 Noon

(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.) Led by *Dr. Larry Seidlitz* (Contact: 0413 2622922) No Registration required (except for groups) Fees: Voluntary Contribution - *All are welcome* 

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

News&Notes 28th October 2017 [721]

#### New dance class

Karthik Rajmohan is offering a new dance class at New **Creation Studio** 

When: Tuesdays 10-11.30 am / Thursdays 10-11.30 am About his class: Explore physics and body mechanics through various contemporary dance techniques. We play with space, gravity and momentum to learn how our body is connected, to allow us to move with fluidity and grace. Karthik Rajmohan has a diploma in movement arts and is trained in different contemporary dance techniques, somatics, yoga and physical theater. He has worked both as a performer and teacher/ facilitator in India and Europe for the past 7 years.

Hypnotherapy level 1 - 2 - 3 Classical hypnotherapy with Yuvraj's EKAA

There will be "Hypnotherapy level 1" in December/January (date to define) - registration: sigrid@auroville-holistic.com For all those who would like to do Hypnotherapy level 2 and/or Hypnotherapy level 3 in Auroville, please email Betty: betty@auroville.org.in. According to the demand we will invite a level 2, and level 3 teacher to come to give the workshop here

NEW! Contact dance improvisation weekly gathering: at Eluciole circus! Let's explore our bodies in movement on our own, with partners and in groups. This will allow us to move from listening into dance, and a deeper dimension of moving and being moved, seeing and being seen, listening and being heard. Every Friday 5 pm to 7 pm. Eluciole Circus - Miracle community

Kalou +91 9787332791 - See Eluciole Circus on Facebook : https://www.facebook.com/eluciole.circus

#### Connection as Life Energy

Introduction to Nonviolent Communication

With L'aura Joy, NVC Certified Trainer

Do you long for more joy, authenticity and depth when connecting with yourself and others?

Do you wonder what gets in the way of connecting and relating the way you truly want?

Fri, Oct 27 - Sat, Oct 28

9.30 am - 5 pm, with lunch break

A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives. In re-evaluating some of our habitual and conditioned thinking, we see how much of it is life-alienating and based on a culture of scarcity and separation. We'll learn the skills to be able express ourselves with more clarity and to hear others' true (and harmless) message, which in turn leads to more connection between us. When we're connected as human beings, we're in our natural state of wanting to give and collaborate with others.

More info & register (and for venue info): contact L'aura: joylivinglearning@gmail.com, 9442788016 Limited seats. Registration and contribution required. Full

participation required (2 days). [Other upcoming NVC Events and Practice Group: joylivinglearning.org]

#### Nonviolent Communication Practice Group for November



With L'aura Joy, NVC Trainer Dates: Oct 1, 8, 15, 22, 29 (5 Wednesdays)

Time: 4.30-6.30 pm Theme of the month: "Choosing Love ... "

Advance registration and contribution required. Full commitment (4 sessions) and prior NVC experience.

more info and to register, contact For L'aura: joylivinglearning@gmail.com, 9442788016. [Other

upcoming NVC events: joylivinglearning.org]

#### Restorative Circles Learning Community

\*Building a Compassionate Justice System\*\* With L'aura Joy

Fri, Nov 10 & Sat, Nov 11

9.30 am - 5 pm, with lunch break Restorative Circles (RC) offer ways for individuals communities to establish connection, discover meaning and recover power on profound levels. They create forums for reaching agreements that help sustain effective and nurturing relationships both personally and collectively.

This Circle process has developed within the Restorative Justice (RJ) movement, which in recent decades has rediscovered and adapted ways for communities to promote responsibility and healing. Rethinking justice, and engaging with the challenge of consciously building whole system responses to community well-being, has opened up revolutionary possibilities for furthering a culture of peace.

Conflict is an inevitable part of the diversity of life. Yet few of us individually, let alone as a community, know how to respond to conflict with behaviors that do not produce pain and damage relationships. The RC process offers a way to create community spaces for conflict that are safe and constructive, not destructive. It has been described as a straightforward problem-solving and nonviolent restoration method that demonstrates how community members can resolve their own conflicts when provided with a constructive forum to do so.

The establishment of a restorative system empowers communities to consciously choose how they would like to respond to conflict before it occurs - a form of proactive, preventative conflict transformation. It enables them to choose a nonviolent response to conflict that involves the whole community in discovering their own sustainable strategies by addressing immediate as well as underlying long term causes.

Contact L'aura for more information and to register: joylivinglearning@gmail.com, 9442788016 [Other upcoming RC events: joylivinglearning.org]

#### Contact Improvisation class and jam

At Africa Pavilion every Tuesday 6 pm-7.30 pm.

Contact improvisation is a form that utilizes the physical laws of friction, momentum, gravity and inertia to explore the relationship between dancers.

The class will be led by Karthik Rajmohan who is one of the first generation of contact dancers in India.

A jam will follow after the class. All are welcome!

#### **REGULAR EVENTS**

Note from the editors The Regular Events column is printed once a month, and sent via pdf/published online weekly. Guest-houses are kindly requested to put this section up on their notice boards for their guests. Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing \*NEW: now online Regular Events!

http://www.auroville.org/contents/4201\*\*

Online Auroville Events Calendar - (no need to log in for guests! just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Auronet login page: www.auroville.org.in

AcroYoga for Beginners: Saturdays 8:15 to 9:45 am at Arka. -Partner flow: warming up with asanas and stretching with a partner - Inversions: flying and playing with partners. Damien 90 47 72 27 40

NEW Aerobic class (Beginner) in November: Starting Friday 3 November from 5-6 pm at New Creation. Gym - Basic steps but still a good workout. Please bring water and a towel... Hope to see you, Bobby

African Pavilion's regular events: Every Thursday enjoy the drumming circle together with African dinner from 6 pm till 9 pm. Every Wednesday dance Salsa from 6 pm to 8 pm. Join the yoga classes from Monday to Thursday from 6 am to 7.30 am and 4 pm to 5.30 pm. Contribution is requested for building the Pavilion.

Aikido with Sep (Tanseikai group): Due to the absence of the instructor there will be no practice from Thursday, October 12th until Thursday October 26th (inclusive). Practice will start again on Tuesday, October 31st at 7 p.m...

and

Auroville Aikido at Auroville Budokan (Dehashakti): Beginners: Wednesday evening 5.15 to 6.30 pm with Surya and Saturday morning 6.30 to 7.30 am (mixed levels) with Murugan/John/Surya. Advanced (morning classes) with Murugan/John: Tuesday, Thursday 6.00 to 7.30 am and mixed levels on Saturday 6.30 to 7.30 am. Please be at the Dojo/Budokan 10-15 min. before the class starts. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please.) White "keikogi" will be required for continued practice. Fort all activities at the AV Budokan: Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For Children classes and more general info, please write to budokan@auroville.org.in or contact Surya: 0413-2623-813 or 9655-485487

<u>Alcoholics Anonymous</u>: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: *Ingrid* 9443843976 or *Shankar* 9442010573.

Argentine Tango: Practica (practice space open to all tango dancers) Wednesdays 7.30-9 pm at SAWCHU.

<u>Astrology, its holistic approach</u>: Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 0413-2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Astrology, Vedic: Readings and consultation in traditional Vedic Astrology. Contact Vikram on 9843948288 or at vikram@auroville.org.in

Authentic Tamil culture: Meena, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

<u>AVYA Auroville Youth Activities</u>: a brand new website presenting the regular Youth Activities available in Auroville: <u>youthactivities.auroville.org.in</u>. The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to <u>youthactivities@auroville.org.in</u>.

#### Bharatnatyam classical dance classes At Yatra Arts Foundation

Every Saturday evenings 4.30pm to 5.30pm and on Sunday mornings 9.00am to 10.00am.

Bhrahmanaspati kshetram: The Mother and Sri Aurobindo Cenre is launching regular activities: Every Thursday meditation 6:00-6:60 pm - Every first Sunday of the month reading circle from 5:30 pm led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: <u>here</u>)

Body Care in Auromode: Facial treatment - cleaning, scrubbing, massage, moisturizing mask, rejuvenating mask, deep cooling mask. Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All used materials made from natural and organic products. Body Treatment - Cup massage. For more information contact *Svetlana* +919344639707

Body fitness & Self-defense class: Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nivas. For more information contact: 9442485455 or 9786167917

<u>Budo Waraku:</u> Due to the absence of the instructors there will be no practice from Friday, October 13th until Friday October 27th (inclusive). Practice will start again on Monday, October 30th at 7pm.

Capoeira (Group Ginga Saroba): Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da Índia and his students.

• ADULT CLASSES >> Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School | Saturday: 4.30 PM - Dehashakti Gymnasium,

• KID CLASSES >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid,

OPEN RODA (Capoeira Circle) >> First Friday of each month
 5.30PM - Visitor Center - Open to all!!! <u>info@ginga-saroba.com</u> |
 www.ginga-saroba.com | 9488328435

<u>Children Activity Garten</u>: in a friendly home-environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: <u>saroja@auroville.org.in</u> or 76390 17692. <u>http://activitygartenauroville.esy.es</u>

<u>Coaching and Personal development</u> based on NLP with *Christine P*.: 948980549 / or <u>contact@auroville-holistic.com</u>. <u>www.auroville-holistic.com</u>

**NEW!** Contact dance improvisation weekly gathering: at Eluciole circus! Let's explore our bodies in movement on our own, with partners and in groups. This will allow us to move from listening into dance, and a deeper dimension of moving and being moved, seeing and being seen, listening and being heard. Every Friday 5 pm to 7 pm. Eluciole Circus - Miracle community *Kalou* +91 9787332791 - See Eluciole Circus on Facebook : https://www.facebook.com/eluciole.circus

<u>Creative Writing</u>: a new regular class presented to you by The Auroville Short Theater Festival team. Never stop to be creative, whatever happens in your life! Every Monday 4.30 to 6 pm @ Sanjana Community (after Arati, before Maduka) in Francesca's place. For more info: 0413-2623987 or avshorttheatherfest@gmail.com. Please write me an email before you come to the class if it is your first time. All of you are welcome as long as you bring with you a notebook, a pen and the fun of expressing yourself!

<u>Cuban Salsa</u>: Learn and practice Cuban Salsa, every Wednesday, 6-8 pm, at African Pavilion. Class is Free and all are welcome. Instructors: *Mouhsine & Camilla*. For questions, email serrar@qmail.com

<u>NEW Dance Class:</u> Karthik Rajmohan is offering a new dance class at New Creation Studio. Tuesdays 10-11.30 am / Thursdays 10-11.30 am. About his class: Explore physics and body mechanics through various contemporary dance techniques. We play with space, gravity and momentum to learn how our body is connected, to allow us to move with fluidity and grace. Karthik Rajmohan has a diploma in movement arts and is trained in different contemporary dance techniques, somatics, yoga and physical theater. He has worked both as a performer and teacher/ facilitator in India and Europe for the past 7 years.

Dance Fitness: classes in New Creation with *Elodie*. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

<u>Dance Offering:</u> Welcome to weekly gatherings. To listen deeply to your body, allow life to express itself uniquely and unfold through movement, to celebrate together and offer the fruits of our practises. Free authentic dance and contact improvisation. Mondays, 5 -7 pm in Verite. Thank you for coming on time to begin together!

<u>Darkali Fitness Track closed:</u> closed due to monsoon from 23rd October until the further notice. See you soon! *Darkali Team* 

Eco Femme open session: Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Contact number: 9487179556

Family constellation workshops: 30 Sept; 28 Oct.; 18 Nov and 16 Dec from 9 am to 6 pm at Creativity - Contact Moghan: 9751110486 / moghan@auroville.org.in

<u>Feminine dance for all women:</u> in Cripa, Kalabhumi: Tuesdays at 4 pm. <u>An additional class is held by Priscila on Fridays at 7:15</u> <u>am</u>. Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. <u>galit@auroville.org.in</u>

Flamenco: by Lola at CRIPA. Every WEDNESDAY - INTERMEDIATE: 2.30 to 3.30pm - BEGINNER: 3.30 to 4.30pm. WELCOME !!

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

<u>GAMES</u>! An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zéphyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

Hatha Yoga with Bala at the African Pavilion: Monday to Thursday: 6 am to 7 30 am and 4 to 5 30 pm - Classical Hatha Yoga by a 200hr Yoga alliance certified teacher. Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of eye and neck exercises, Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation. Beginners to Intermediate level. Contact: +91 9892699804 / 7867899203

#### Hatha Flow Yoga with So-Youn at Creativity Hall of Light

The class is based on alignment of lyengar and flow of Ashtanga. It remains authentic to ancient yoga tradition while tackling modern challenges. After class, you will be So Young!! Schedule: Tuesdays,: Hatha Flow with Sound Mandala(432hz), Fridays 17:30-18:50: Hatha Flow Basics - Aurovilians and Newcomers free of charge. Contributions apply for Volunteers and Guests.

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 1.00 pm to 2.30 pm. Contact Shiv: 9884035536 at Reach for the Stars. shiv.godi007@gmail.com

<u>Hip Hop Class</u>: Hip hop classes for Children at New creation Dance studio. On Tuesdays: 6 pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917.

Hum Chakra Yoqa: by Asha, EVERY MONDAY - 5 pm to 6:30 pm. Venue: Hall of Light in Creativity. The word Hum is the root vibration, the smallest, undividable unity of sound as reflection of the essential nature of Kundalini-Shakti. Hum is the descent from universality (Om) into the human heart. We will identify what are the physical and psychological symptoms of blockage, deficiency and overactive chakra, and we will work on it through different technics. We will go deeper into the yoga asana, pranayama, meditation, chanting and through Mother's qualities (Courage, receptivity, aspiration, perseverance , gratitude, progress, humility, sincerity, peace, equality, goodness, generosity) we will make an inner reflection to our consciousness and advance in the stages of personal evolution. Balancing our chakras, each day we will give special attention to some chakra or chakras and we will be discover the way to heal ourselves , how to be a balanced and happier person. Yoga for adults. All levels are welcome.

Inner dance: Every Saturday from 5 to 6.30 pm at Vérité. Dance and move freely, according to your inner call. Let go, connect to your inner source and enjoy the movement that arises from within. No previous experience required; come with comfortable clothes a positive spirit! Everyone welcome to join!

**Ivengar Yoga:** with Olesya @ JOY GH - A form of Hatha Yoga that has an emphasis on detail, precision and alignment in the performance of posture (asana) and breath control (pranayama). The development of strength, mobility and stability is gained through the asanas. Regular Classes on Saturday 5:00 am to 6:15 pm. For more info: 9487272393, *Joy Team*.

<u>Japanese Tea Ceremony</u>: available on request - Please contact <u>ishaswayam@auroville.org.in</u> or at 0413-2622192.

Lilaloka - Sessions of Nature's Theater on Mondays and Anna: Tuesdays: Nature's Theater led by http://lilaloka.org/natures-theatre/ in Lilaloka, every Monday and Tuesday mornings from 10 to 12 am. Commitment required for a minimum of 1 month. Opened to children from 5 years onward - parents can join as participants :-). For more 9943528729 information contact Anna Tel. or annachmkr@gmail.com

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 10 am to 12.30 (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Always better to call before to confirm, please contact: *Veronique J.* 948 85 12 678 www.leelathegame.blogspot.in

<u>Meditation for Peace and Healing</u>: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

The MOTHER KinderGARTEN: A kindergarten in the "Real Garden" - From Age 2 to 7, Monday to Friday 8:30 am to 4:00 pm, on a daily/weekly/monthly basis according to your preference - For Village's, Aurovilians' and Guests' children. Contact *Renana:* 9865444472 / e-mail: <u>motherkindergarten@gmail.com</u>. ALSO Free Help with homework for primary school between 5 pm to 7 pm. Map to New Colors: <u>https://goo.gl/maps/MrD2vEwepA32</u>]

MMA (Mixed Martial Arts) and Self-Defence for Women: Every Monday and Wednesday 5:30 to 7:00 at Dehashakti Gymnasium. Open to everyone starting from the age of 14. Please be punctual and in sportswear. Stay at home if sick or if you have open wounds or skin diseases. Free for Aurovilians & Newcomers. Fixed contribution for SAVI Volunteers and for Guests. We welcome at any time your support in form of donations for new material etc. AVMMA account: 251884. *Giacomo*: 9487340778 / giacomoauroville@gmail.com

<u>Mudra-Chi Workshop</u>: A body Prayer in a Tai-Chi Form. Every Thursday at 4.45 pm. At Savitri Bhavan. Facilitator: *Anandi* .For further information or Special Classes, contact me, anandi7@auroville.org.in

Nonviolent Communication (NVC): workshops, practice groups, facilitation, mediation, coaching. Contact L'aura (NVC Certified Trainer): 9442788016, joylivinglearning@gmail.com, www.joylivinglearning.org, www.facebook.com/JoyLivingLearning

<u>NEW- Odissi Dance Classes</u>: At New Creation. on <u>FRIDAYS</u> 5:15-6:15pm, *Devasmita* is teaching Odissi dance for those interested in discovering the beauty and the rhythms of an Indian Classical Dance, which is originated in Orissa. The classes are held at the Dance stage, next to the parking area in front of the lotus pond at New Creation. <u>Registration is important</u>. To sign up, please drop an email with your contact details (preferably with your number on which WhatsApp can be sent) at divyanshi.0222@gmail.com.

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. tejas@shaktidancetroupe.com.

<u>OM Choir</u>: "The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word". Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Pavilion of Tibetan Culture - Wednesday dinners: As usual we request you to register with us at 0413 2622401 or send an email to: kalsang@auroville.org.in

<u>Pilates with Savitri</u>: at New Creation Dance Studio on Mondays at 5pm, basic level - on Tuesdays at 7.30am, intermediate level - on Saturdays at 7.30 am, basic level. <u>savitri@auroville.org.in</u>

Pilates with Teresa: At Arka. All classes last one hour. Thursday & Thursday 7:30 am all levels / Wednesday 5:30 pm all levels / Friday 5:30pm advance level. Teresa: 7867998952 / teresa@auroville.org.in

<u>Psycho-spiritual work, tarot and other sessions</u>: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry," inner personalities" discovery and balancing, guided meditation and other tools...by *Antarjyoti* in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Quantum Shiatsu Massage: With Samî A. Latzke. www.aurovilleholistic.com. Contact us by mail for more info: contact@aurovilleholistic.com

<u>Réception Francophone</u>: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

<u>Regression Therapy</u>: with Sigrid Lindemann. <u>www.auroville-holistic.com</u>. Contact us by mail for more info: <u>contact@auroville-holistic.com</u>.

<u>Reiki</u>: with *Marcia* @ JOY GH - Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is

administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. Every Wednesday on Appointment. For more info: 9487272393, *Joy Team*.

<u>Restorative Circles (RC):</u> workshops, practice groups, calling a live Circle, and other questions. Contact *L'aura*: 9442788016, <u>restorative@auroville.org.in</u>, <u>joylivinglearning@gmail.com</u>, www.facebook.com/RestorativeAuroville

Salsa in CRIPA: Salsa dance class led by *Vijay*, followed by practice time. Every Tuesday 6pm-7:30pm. At CRIPA in Kalabhumi. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

Salsa classes (LA style): for all level learners at the New Creation sports ground, near La piscine, every Saturday between 6.30 pm and 7.30 pm for Beginners and 7.30 pm to 8.30 pm for intermediate learners. Contact Mani: <u>email-</u> <u>manikan152@gmail.com</u> / 9159676053 / See Facebook page <u>here</u>.

Sanskrit Mantras: at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

<u>Satsang:</u> a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

#### Singing & Dancing Celebration around the fire in Yatra 2017

Joyful spiritual songs from all over the world - keyboard and drums - Bring your instruments and join us! Every Thursday at 7.30 pm. at Yatra - Near New Creation Sports ground/La Piscine. *Osiva*: 919629832216

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions&appointment call Satyaaji 8531033545

#### Solitude Farm activities:

• Weekly farm tour with Krishna - Saturdays 11:30am

• Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm

• Volunteers welcome! Drop by to visit or call *Krishna* 9843319260

<u>Sound Bath - Unity Journey</u>: Every Wednesday 5.30-6.30 in Unity Pavilion. <u>Please note there will be NO Sound Journey on:</u>

<u>4/10; 22/11; 29/11</u>. Aurelio and Team will create and share an experiential space of deep relaxation through a basic tuning process and exposure to the soothing waves and vibration of pure acoustic instruments. Gongs, Bells, Chimes, Strings and diverse new and archaic sound sources will invite the listener into a sound journey into inner landscapes and synaesthetic contemplation towards a Unity experience. svaramsoundhealing@gmail.com

Sound Massage And Bath With Tibetan Singing Bowls: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful bronze bowls take us deep inside into our true home.... Info & booking for guests: Antarjyoti, tel (land)(0413)262 37 67. Mail: antarcalli@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain ("Ischias" in German). To book your appointment, please call *Isha* at: (0413) 2622192 / (+91) 99433 05092

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S. Caveri*:7598368514

<u>Spiritual coaching with Sitara</u>: tools: Bach flowers, mandala and affirmation work, spontaneous writing, hypnosis, meditation, visualization and yin yoga. For appointment contact *Sitara* 9751798408 / <u>tara@aurovillle.org.in</u>

<u>Spontaneous</u> <u>Singing</u>: Every Wednesday, 5:00 to 6:30pm at Creativity - Hall of Light. Max. 12 people. Enjoy the pleasure of singing and discovering your own voice without any goals or prerequisite. Be surprised by what happens when your voice encounters another voice. Let us create together an intangible and magical music. *Antoine* - 8940740529 / <u>antoine@auroville.org.in</u>

Tamil Literary Classes and Craft Lessons: Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@auroville.org.in. R. Meenakshi (Ilaignarkal Education Centre)

Tai Chi Hall @ Sharnga: Restarting on Oct 2<sup>nd</sup>: Monday & Tuesday 7.30-8.30 Chi, Monday &Tuesday 8.30 - 9.30 24-form, Wednesday & Saturday 7.30-8.30 127-form, Thursday & Friday 7.30-8.30 108-form. taichi@auroville.org.in

Taiwanese style Tea Ceremony: With Isha - Every Thursday 2 pm to 4.45 pm - Hall of Peace, Unity Pavilion - You will experience and learn the East Asian way of drinking and serving tea. Only organic tea will be used. All are Welcome. Please sign up with the Unity Pavilion, 0413-2623576 or unitypavilion@auroville.org.in

<u>Tea Gathering</u>: With Isha - Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea, only organic tea will be used - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Venue: Swayam - Book at: 0413-2622192 / <u>ishaswayam@auroville.org.in</u>

Thai massage to re-harmonize the energy and heal with Christine P. Registration & info: <u>contact@auroville-holistic.com</u>, Christine P: 9489805493/ <u>www.auroville-holistic.com</u>

Theatre Improvisation Games: Come and discover a new sense of freedom, meet other fun and interesting people for an afternoon filled with interesting improvisation games. Every Friday from 4.30 pm - 6 pm at SAWCHU. For more details call *Veronique J*. (9488512678)

<u>Ultimate Frisbee:</u> Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact <u>avultimate@auroville.org.in</u> with any questions or just come ready to play!

NEW! Ultimate Frisbee women's team training: Sunday 4-6 pm

Veena Musical Classes: One of India's most ancient string. Regular veena musical classes by *Ravi* for everyone, Children & Adults, at Yatra Arts Foundation, near New Creation sports ground. Every Friday evening from 5pm to 7pm. Contact: 0413- 2623071 / 9786772209

Youth Entertainment Program presents the YEPweek: a program especially designed for guest kids, to enjoy their stay, and discover

Auroville. We will take them from place to place, where the kids will participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits, activities and free playing time. Joyfully, Yep Team (+91-9626565134)

The Youth Center Pizza Nights are on Fire: And so is the fire wood oven, so when Saturday evening 7 00 pm comes around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you'll end up at the right place! We have pizzaiolos rolling out dough by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there! (closes at 10pm)

Vinyasa Yoga: - at Creativity Hall of Light, every Thursday from 4 pm to 5.30 pm with Bebe Merino. This style is sometimes also called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.

Vocal & NadaYoga: Every Monday 1:30 to 3.30pm at Creativity hall of Light. Vocal yoga: Discover & develop parts of the body involved in vocal sound production to strengthen your unique musical instrument, find and free your true voice. Nada Yoga: Access inner consciousness through sound. Ancient Nada Yoga links music to spiritual growth through vibrational sound. Use musical scales

#### SCHEDULES FOR NOVEMBER

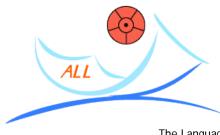
inside energetic centers to deepen auditory and kinaesthetic awareness. Use Indian Raga to free emotional blockages. This technique helps you to sing in tune. Nada Yoga is a powerful meditative tool that deepens movement between consciousness states, enhances inner peace and contentment. Sacred Chants Help to quite the mind & open the heart the Divine Within. Contact Hamsini 9487544184

Women Temple: In Butterfly barn, Sve-dame On the following Wednesdays, at 7-9pm: 1 & 28 November, 13 December. Welcome into the circle, to explore this body mystery as a portal to spirit and our unique way how it expresses itself. Through contemplation, movement, touch, self-inquiry, deep listening, celebration... Welcome to bring a flower and a friend! Thank you for coming little early, park at the gate, follow the candles & start together on time. Dariva. (inspired by www.awakeningwomen.com)

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilling, painting... This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, Yep Team. Phone: +91 96 26 56 51 34 - Facebook: www.facebook.com/YEPAV

Son unity	LEARNING ACTIVITIES PROGRAM	
Shiatsu Massage with Sara On Appointment only	Shiatsu evolved from thousands of years of Oriental medical history. Shiatsu or acupressure is a technique that helps to boost your body's self-healing energy, improves cardio fitness; the energy released during an acupressure treatment opens up your mind body connection.	
to 7:15	Chanting Sanskrit Mantras is performing an ancient prayer. Through the harmonic rhythm, repetition, and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga and Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in the classes in the traditional way.	
Sanskrit Classes By Appointment with Sonia	Sanskrit is the key to enter into the wide world of Indian Traditional Culture. The Sacred Scriptures as well the Secular Scriptures are found to be written in Sanskrit language, thus a fundamental knowledge for students of Yoga and Spiritual Scriptures.	
Reiki with Marcia On Appointment	Reiki is a form of alternative medicine developed in 1922 by Japanese Buddhist Mikao Usui. Since then, Reiki has been adopted into varying cultural tradition across the work. Reiki practitioners use a technique called palm-on-healing through which a "universal energy" is transferred through the palms of the practitioner to the patient to encourage emotional & physical healing.	
Hatha Flow Yoga Practice Monday and Friday 4:15 to 5:45 pm - With Tara	A Dynamic flow practice with gentle stretching and breath alignment.	
50 % discount for Savi registere	ed Volunteers. Multiple classes discount available. On donation basis for Aurovilians and Newcomers.	
Joy Community is located in Center Field, after Nandanam School, next to Center Guest House		

For info and reservations, please contact us at: 9487272393 Email: joycommunity@auroville.org.in / https://www.facebook.com/joycommunityguesthouse



## Language Lab

- New Hebrew Classes at the Lab: We're happy to welcome Nur, a trained Hebrew teacher. who will teach classes for native speakers - adults and kids - as well as for secondlanguage learners.

- For the schedule for all classes, please go to:

- For more info on Tomatis: <u>http://www.aurovillelanguagelab.org/courses.php</u> The Language Lab number is 0413-2623661 / Email : all@auroville.org.in'



## Centre for Research, Education and Experience in the Visual Arts

Weekly schedule:

- Every day from 9:30am to 12:30pm: open studio

#### - Weekdays 5pm-7pm @ Creativity Community Atelier, Near Solar Kitchen:

- "Monday Mediums" with A. Sathya - Explore Watercolors

- "Drawing Tuesdays" with Lakshay - Figure Drawing with Model

- "Unique Wednesdays" with Marco - Art of photography

- "Thursday Art Discoveries" with Audrey - Finding Forms

- "Creative Fridays" with Helgard - Express yourself through colors

- And Saturdays @Visitor's Center:

- "Sketchy Saturdays" with Lakshay from 3-5pm (bring your own materials)

PIs. make an appointment before coming, and BE ON TIME. It's a cooperative, pIs. feel free to use the studio's art materials. And, DONATE generously for others to enjoy art as well. It's free for Aurovilians and Newcomers. Base contribution for Guests and reduced for Volunteers. Call Lakshay at 9810052574 or email to creeva@auroville.org.in

## Creativity Hall of light - November Program

You can just come to the regular classes, no need for an appointment.

For workshops, please contact the person who is doing it.

Aurovilians and Newcomers: free regular classes. There is fixed contribution for Guests and reduced for Volunteers.

	Regular Classes	Workshops
Monday	<ul> <li>- 1:30pm to 3:30pm Nada Yoga. By Hamsini</li> <li>- 5pm to 6:30pm Hum Chakra Yoga. By Asha</li> </ul>	Nada Yoga Workshops: - Thursday 2 & Friday 3 November
Tuesday	- 1:30pm. To 3:30 pm. Nada Yoga.By Hamsini - 5:30pm to 6:50pm Hatha Sound Mandala. By Soyoun	From 9.00am to 4,45pm Contact <i>Hamsini</i> 9487544184
Wednesday	- 5:00pm to 6:30pm Spontaneous Singing. By Antonine	Family Constellation Worskhop:
Thursday	- 4:00pm to 5:30pm Vinyasa flow Yoga. By Bebe	- Saturday 18 November. From 8:15am to 6:30pm
Friday	- 5:30pm to 6:50pm Hatha Flow Yoga. By Soyoun	Contact <i>Moghan</i> 9751110486

and contentment.

the Divine Within...

Reminder:

#### Vocal & NadaYoga Workshop

Thursday 2nd & Friday 3rd of November

9.00 am-4.50 pm at Creativity Hall of Light.

To register contact Hamsini 9487544184

No need of any previous experience

Vocal yoga: Italian Maestro wisdom & Yogic approach: Discover & develop parts of the body involved in vocal sound production. Learn to use these parts through vocal practice and sound healing circle to consciously create and strengthen your unique Musical instrument.

Nada Yoga - Access inner consciousness through sound: Ancient Nada Yoga links music to spiritual growth through vibrational sound. Use musical scales inside energetic centres

## **SAVITRI BHAVAN - November 2017**

#### **Exhibition**

Portraits, Dreams and Visions of Sri Aurobindo and the Mother By Prabhat Kumar Rautray 17.11. to 16.12.2017

#### <u>Films</u>

Mondays 6.30 pm November 6: A New Birth - a meeting of the Mother with Surendranath Jauhar 22 min. Followed by Adoration of the Divine Mother 5 min.

November 13: The Mother - 'Glimpses of Her Life' and 'Four Aspects' - 43 min.

November 20: Journey to the Life Divine 1 - 100 min.

November 27: Pictures of Sri Aurobindo's Poems 1

Paintings and readings by Huta, music by Sunil. 37 min.

Full Moon Gathering

Friday 3-11, 7.15-8.15 pm in front of Sri Aurobindo's statue

Exhibitions, Main Building and Office open Monday to Saturday 9-5

Everyone is welcome

#### Regular Activities

to deepen audio and kinesthetic awareness. Use Indian Raga to

free emotional blockages. This technique helps you to sing in

tune. Nada Yoga is a powerful meditative tool to deepen the

movement between consciousness states, enhance inner peace

Sacred Chants: Help to quite the mind & open the heart the

FAMILY CONSTELLATION WORKSHOP with Moghan

SATURDAY 28th of October from 9am to 6pm

in HALL OF LIGHT - CREATIVITY

moghan@auroville.org.in

Please contact Moghan 9751110486

Sundays 10.30-12 noon: Savitri Study Circle Mondays 11-12 noon: Introduction to Sri Aurobindo's World Vision led by Muriel

Mondays & Tuesdays 3-4 pm: Going Deep Within led by Dr. Jai Singh

Tuesdays 9-12 noon: Introduction to Integral Yoga led by Ashesh Joshi

Tuesdays, Fridays, Saturdays 4-5 pm: L'Agenda de Mère: listening to recordings with Gangalakshmi

Tuesdays 5-6pm: Let us learn Savitri Together, led by Buvana in Tamil

Tuesdays 4.45-5.45pm: *Mudra-Chi* led by Anandi

Tuesdays 5.45-7.15pm: OM Choir

Wednesdays 5-6pm: Essays on the Gita led by Shraddhavan Thursdays 4-5 pm: The English of Savitri, led by Shraddhavan Fridays 3-4 pm: Exploring the Bhagavad Gita, led by Dr. Jai Singh

Fridays 5.30-7.00 pm: Meditations with Hymns of the Rig Veda translated by

Sri Aurobindo, led by Nishtha

Saturdays 5-6.30 pm: Satsang, led by Ashesh Joshi



## **PROGRAMME FOR NOVEMBER 2017**

#### Yoga lyengar

Āsanas	level 1	Mon (from 6 <sup>th</sup> )	07.30 - 09.00	Tatiana
Āsanas	level 2	Mon (from 6 <sup>th</sup> )	16.30 - 18.30	Tatiana
		· · · · ·		
Asana- self practice	all levels	Tues	07.00 - 10.00	Angela
Pranayama	level 2	Tues (from 7 <sup>th</sup> )	07.00 - 08.30	Tatiana
Āsanas	drop in	Tues	11.00 - 12.00	Angela
Āsanas	drop in	Tues	16.30 - 18.00	Angela
Āsanas	drop in - all levels	Tues	18.00 - 19.30	Delphine
Āsanas for women	drop in - all levels	Wed	07.30 - 09.00	Angela
Āsanas for the spine	drop in	Wed	11.00 - 12.30	Angela
Āsanas hormonal balance	level 3	Wed (from 8 <sup>th</sup> )	17.00 - 19.00	Tatiana
Āsanas for women	level 2	Thurs (from 9 <sup>th</sup> )	07.30 - 09.15	Tatiana
Āsanas	drop in - all levels	Thurs (from 9 <sup>th</sup> )	08.00 - 09.30	Didier
Āsanas restorative	drop in	Thurs	15.30 - 16.30	Angela
Āsanas	drop in - all levels	Thurs (from 9 <sup>th</sup> )	16.30 - 18.00	Didier
Asanas	drop in - all levels	Fri	07.30 - 08.45	Angela
Āsanas hormonal balance	level 3	Fri (from 10 <sup>th</sup> )	09.00 - 11.00	Tatiana
Āsana- self practice	level 2-3	Sat (from 11 <sup>th</sup> )	07.30 - 09.30	Tatiana
Āsana for the spine	drop in	Sat (from 11 <sup>th</sup> )	09.45 - 11.15	Tatiana
Āsanas for the spine	drop in	Sat	16.30 - 18.00	Angela

Note: For lyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

Yoga - m	ixed style				
Yoga Therapy Vinyasa Flow Āsanas (*) Vinyasa Flow Vinyasa Flow Svastha yoga Svastha yoga Āsanas	drop in drop in - restorative for teenagers drop in - beginners drop in - all levels drop in - all levels drop in - all levels for children 7-9 yrs.	Mon, Wed, Fri Mon Mon, Wed Tues Weds Weds Fri Sat	08.30 - 10.00 10.00 - 11.30 16.00 - 17.00 09.00 - 10.30 17.00 - 18.30 17.00 - 18.00 10.30 - 11.30 10.00 - 11.00	Gala Bebe Lisbeth/suryamayi Bebe Bebe Jani Jani Gala	
Other Exercises					
Aviva exercise Discover energy body	drop in - for women for children, 7-9 yrs	. Thurs . Sat	16.30 - 17.30 11.00 - 12.00	Suriya/chitra Gala	
Dance					
Odissi Dance (*)	Regular practitioner	s Tues 16.00 -	17.15	Rekha	
Health Ca	re at Pita	nga			
For the following thera Ayurvedic Massage Thai shiatsu massages Shiatsu Life Coaching	apies <u>&amp; treatments pleas</u> with lon with Manu with Margaux with Vani	e book your appointment on phot Thai yoga Massage Awakening the intelligence of th Journey through the memory of Readings in Vedic Astrology	with Juan, e body with Vani		

Note: (\*) Denotes classes for those willing to commit for a minimum of 3 months

with Lila

with Nadia

Pitanga Cultural Centre, Samasti, (0413) 262 2403/2622994 - pitanga@auroville.org.in.

Releasing through Awareness

with Rosa

#### Therapies at Pitanga "Reflexology therapist"

Foot Reflexology

Biodecodage

Lila grew in Auroville and learnt reflexology with Arlette Lefebvre in 1996 - 1999. After several years spent in France she is now back in Auroville and will be giving sessions in Pitanga.

Foot reflexology is a treatment where the therapist works on reflex points on your feet that relate to specific parts of your body, organs and glands. Stimulating those points with soft finger pressure promotes health in those organs and glands via the body's energetic pathways. This therapy has a direct action on the physical, emotional and energetic level."

#### Bio Decodage and Naturopathie by Nadia

Bio-decodage is a new way to make you aware of the connection between consciousness and the different parts of your body and its problems they can be solved by simply reversing mental patterns. A work of releasing and forgiving. In English and French

#### For appointments call Pitanga:

Pitanga Cultural Centre, Samasti, Auroville, TN 605101, India: (0413) 2622403/2622994 / Pitanga@auroville.org.in

## Véríté - November 2017:

Phone: 0413 2622045 / 2622606- Website: www.verite.in - Email: programming@verite.in - Mobile: 7094104329

For appointment: ndres Acosta hetna ila r. Sneha Ilyengar Yoga Dharma Yoga Dharma Yoga Ilyengar Yoga Aligned Vinyasa Yoga Ilyengar Yoga Ilyengar Yoga	Phone 0413-2622606 Mobile 7 Traditional Thai Yoga Massag Neurofeedback Therapy Craniosacral Therapy Access Consciousness Bars (u Classes Title	je - (only from 15 <sup>th</sup> October)	Tite.in Facilitator Olesya Andres Dariya Andres Olesya Suryamayi Andres
hetna ila r. Sneha Iyengar Yoga Dharma Yoga Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga	Neurofeedback Therapy Craniosacral Therapy Access Consciousness Bars (u Classes	ntil 15 November) <b>Timings</b> 6.45 to 8 am 5 to 6.30 pm 5 to 7 pm 6.45 to 8 am 5 to 6.15 pm 6.45 to 8 am	Olesya Andres Dariya Andres Olesya Suryamayi
ila r. Sneha Iyengar Yoga Dharma Yoga Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga	Neurofeedback Therapy Craniosacral Therapy Access Consciousness Bars (u Classes	ntil 15 November) <b>Timings</b> 6.45 to 8 am 5 to 6.30 pm 5 to 7 pm 6.45 to 8 am 5 to 6.15 pm 6.45 to 8 am	Olesya Andres Dariya Andres Olesya Suryamayi
r. Sneha Iyengar Yoga Dharma Yoga Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga	Access Consciousness Bars (u Classes	Timings           6.45 to 8 am           5 to 6.30 pm           5 to 7 pm           6.45 to 8 am           5 to 6.15 pm           6.45 to 8 am	Olesya Andres Dariya Andres Olesya Suryamayi
Iyengar YogaDharma YogaDance OfferingDharma YogaIyengar YogaAligned Vinyasa YogaDharma Yoga	Access Consciousness Bars (u Classes	Timings           6.45 to 8 am           5 to 6.30 pm           5 to 7 pm           6.45 to 8 am           5 to 6.15 pm           6.45 to 8 am	Olesya Andres Dariya Andres Olesya Suryamayi
Dharma Yoga Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga		6.45 to 8 am           5 to 6.30 pm           5 to 7 pm           6.45 to 8 am           5 to 6.15 pm           6.45 to 8 am	Olesya Andres Dariya Andres Olesya Suryamayi
Dharma Yoga Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga	Title	6.45 to 8 am           5 to 6.30 pm           5 to 7 pm           6.45 to 8 am           5 to 6.15 pm           6.45 to 8 am	Olesya Andres Dariya Andres Olesya Suryamayi
Dharma Yoga Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga		5 to 6.30 pm 5 to 7 pm 6.45 to 8 am 5 to 6.15 pm 6.45 to 8 am	Andres Dariya Andres Olesya Suryamayi
Dance Offering Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga		5 to 7 pm 6.45 to 8 am 5 to 6.15 pm 6.45 to 8 am	Dariya Andres Olesya Suryamayi
Dharma Yoga Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga		6.45 to 8 am 5 to 6.15 pm 6.45 to 8 am	Andres Olesya Suryamayi
Iyengar Yoga Aligned Vinyasa Yoga Dharma Yoga		5 to 6.15 pm 6.45 to 8 am	Olesya Suryamayi
Aligned Vinyasa Yoga Dharma Yoga		6.45 to 8 am	Suryamayi
Dharma Yoga			
		6 15 to 8 am	Andros
Iyengar Yoga		0.45 10 0 411	Anures
			Olesya
Iyengar Yoga		6.45 to 8 am	Olesya
Hatha Yoga		6.45 to 8 am	Bebe
Inner Dance		5 to 6.30 pm	Yoffi
Aligned Vinyasa Yoga		5 to 6.30 pm	Suryamayi
	Workshops		
	Title	Timings	Facilitator
	3 Days Basic Training in Palliative Care (for Aurovilians, Newcomers & Savi Volunteers only)		Dr. Sneha
Augusto Boal's Image Theater		9.30 am to 4.30 pm	n Dr. Sneha
Introduction to Holoen	Introduction to Holoenergitics workshop		Marie Claire
Pranayama - Breath of	Life Energy - Training	9 am to 4.30 pm	Ananda
	Inner Dance Aligned Vinyasa Yoga 3 Days Basic Training in (for Aurovilians, Newco Augusto Boal's Image Introduction to Holoen Pranayama - Breath of rt the work of the present	Inner Dance         Aligned Vinyasa Yoga         Workshops         Title         3 Days Basic Training in Palliative Care (for Aurovilians, Newcomers & Savi Volunteers only)         Augusto Boal's Image Theater         Introduction to Holoenergitics workshop         Pranayama - Breath of Life Energy - Training         rt the work of the presenters and staff, we ask all particip	Inner Dance5 to 6.30 pmAligned Vinyasa Yoga5 to 6.30 pmWorkshopsTitleTimings3 Days Basic Training in Palliative Care (for Aurovilians, Newcomers & Savi Volunteers only)10 am to 4.30 pmAugusto Boal's Image Theater9.30 am to 4.30 pmIntroduction to Holoenergitics workshop9 am to 12.30 pm

#### **ARKA WELLNESS CENTER - NOVEMBER- 2017** Phone: 0413-2623799 / Website: www.arka.org.in

WHAT WE PROPOSE	THERAPIES WITH WHOM	WHEN
Body Logic, Soft Massage, Deep Tissue Massage.	Pepe - by appointment 9943410987	Monday to Saturday
Holistic Reflexology, Full body massage, Face Massage.	Meha by appointment 9443635114	Monday to Saturday
Yogic Healing and Therapeutic Massage.	Basu - by appointment - 9443997568 or 9843567904	Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday any time.
Chinese Fire Cupping and Moxibustion Therapy.	Chun - by appointment 8098900708	Monday to Friday - 9:00 am to 5:00 pm
Acupunture.	Dr. Mohammed Sahel - by Appointment - 9994208068	Tuesday, Friday And Saturday
Systemic Solution Focused Psycho Counselling.	Uschi - by appointment 9994781119/Uschi.coaching@gmail.com	Tuesday, Thurday at 10:00am to 3.30pm. German and English language
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue.	Antarjothi - By appointment 0413- 2623767 or Email : <u>antarcalli@yahoo.fr</u>	Also in French.
Holistic Healing and Therapy	Dr. Marlene Dengg - by appointment 8220232869, innerspirithealing@icloud.com	Monday to Saturday

#### **BEAUTY PARLOR**

WHAT WE PROPOSEWITH WHOMWHEN				
Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	Meha by appointment 9443635114	Monday to Saturday		
Hair Dressing	Ongkie by appointment 9843930178	Monday to Friday		
REGULAR CLASSES				

WHAT WE PROPOSE	WITH WHOM	WHEN
	Damien	Saturday-Beginners class 8:15 am to 9:45am.
Acro-yoga	9047722740	Wednesday-Intermediate class at 4:00 pm to 5:15 pm
Hatha yoga classes	Briony	Tuesday, Thursday at 4:30 pm to 6:00 pm Monday, Wednesday 7:30 am to 9:00 am
Tatila yoga classes	8939364938	(Morning appointment only.)
Pilates Classes	Teresa 7867998952	Tues, Wed, Thurs and Friday.

## AUROFILM PRESENTS

C I N E M A - VISITOR'S CENTRE - VIDEO ROOM

- <u>Reminder</u>: FRIDAY 27 OCTOBER "CHHALIA" by Manmohan DESAI, INDIA, 1960
- FRIDAY 3 NOVEMBER, 7.45 PM
- "THE DAY THE EARTH STOOD STILL"

Director: Robert WISE, USA, 1951

With: Michael Rennie, Patricia Neal, Hugh Marlowe

*Synopsis:* Based on the 1940 science fiction short story "Farewell to the Master" by Harry Bates, the film story is about an alien humanoid visitor named Klaatu, who comes to Earth accompanied by a powerful eight-foot tall robot, Gort, just after the end of World War II. They want to deliver an important message that will affect the entire human race. However, the welcoming is rather hostile, and Klaatu decides on an alternative approach... Surprising and magical, it was an important movie of the 50s with its intense atmosphere, efficient suspense and pacifist message.

Original English version with English Subtitles, Duration: 1h32' Take note: Temporary venue at Visitors' Center. Please bring one or two cushions for your comfort

## THE ECO FILM CLUB

Sadhana Forest, November 3rd, Friday.

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana

Forest for the Tour 16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

#### WASTELAND WARRIORS

50 Minutes / English / 2009 / Directed by Thomas Rilk. Surrounded by barren cities, sterile concrete or over maintained, uniform patches of green, more and more animals are losing their last places of retreat. The city continues to grow inexorably but, where humans fail to impose their order, nature sprouts and crawls out of the tiny cracks in the asphalt and concrete and re-conquers its territory. (Reminder: Friday 27/10 Obsolete)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in or visit us online: sadhanaforest.org / facebook.com/sadhanaforest

## AT SAVITRI BHAVAN

Monday, 30<sup>th</sup> of October 2017 at 6:30 pm

MEDITATIONS ON SAVITRI - Book 4: THE BOOK OF BIRTH AND QUEST

Canto 1-4:'The Birth and Childhood of the Flame', 'The Growth of the Flame', 'The Call to the Quest' and 'The Quest'.

"The Force in her drew earth's subhuman broods; / And to her spirit's large and free delight / She joined the ardent-hued magnificent lives / Of animal and bird and flower and tree. / They answered to her with the simple heart."

Film by Manohar of Huta's paintings illustrating passages from *Savitri* read by The Mother and accompanied on her own organ music. *Duration: 53min.* 

## **EYE OPENING MOVIE Series**

#### Wednesday, November 1st:

The Anthropocene: The age of mankind: 47 min

An ocean that contains as much plastic as fish, an atmosphere filled with CO2 choking the whole mankind and mass extinction of animals. The destructive influence of mankind will be at least as disastrous as the asteroid element that wiped the dinosaurs off the planet. Reason for Dutch scientist Paul Crutzen to introduce a new geological period: the Anthropocene, or the age of mankind.

#### Every Wednesday, 8pm

at the Unity Pavilion

All are welcome - No contribution required

Multimedia Center (MMC) Auditorium

#### Film program 30 October to 5 November 2017

## Indian - Monday 30 October, 8:00 pm: MUKTI BHAWAN (Hotel Salvation)

India, 2017, Writer-Dir. Subhashish Bhutiani w/Lalit Behl, Adil Hussain, Geetanjali Kulkarni, and others, Drama-Comedy, 99mins, Hindi w/ English subtitles, Rated: NR (G)

What do you do when your parents grow old and become unreasonable? In this much acclaimed award winning film, Dayanand Kumar, in his 70s declares it is his time and he would like to go to Varanasi and pass away. His son Rajiv is puzzled but then he gives in to his father's demand and travels to Varanasi where they check into Mukti Bhawan. Here, a person is allowed to stay for 15 days and if s/he attains moksha by that time - fine, otherwise, the person will have to go back home. With this as the context the film explores the relationship between son and father before the latter may or may not breathe his last in a few days. It tells us that a life well-lived, where one is loved and wanted, can be celebrated even after it is no more. Mukti need not be miserable; it is a celebration just like life. A must watch!

#### Italian- Tuesday 31 October, 8:00 pm:

• IN GUERRA PER AMORE (At War For Love)

Italy, 2016, Dir. Pif w/ Pif, Miriam Leone, Andrea Di Stefano, and others, Comedy- Romance, 99mins, Italian w/ English subtitles, Rated: G

New York 1943: In a luxurious restaurant a Sicilian emigrant Arturo falls in love with Flora, daughter of the restaurant owner, but she has been promised in marriage to a Mafia boss. Arturo and Flora dream to get married but need her father's blessing. Without any means, Arturo enrolls the US Army and embarks to Sicily, where Flora's father lives. In the background a clever narrative of how relations between Allies and the Mafia during the WWII shaped the fate of Sicily in years to come. A must see!

#### Interesting - Wednesday 1 November, 8:00 pm: • AFTER WINTER...

India, Dir. Sohini Dasgupta, Documentary, English w/ English subtitles (for non-Engish conversations), 62mins, Rated: NR (G) Keeping in line with our Monday film - here is a documentary about the indomitable spirit of the elderly. Some of them may have been shunned by the dear ones at times but who has bounced back with a greater zest for life. The film, based in Kolkata, is interspersed with first person accounts by some people including some very well-known names - that depict how oldness has little to do with age and depends on the state of mind. It is a delightful, informative and inspiring film. Do come and watch. Also, try to follow the conversation from Sukumar Ray's Nonsense Rhymes played as the credits are displayed.

#### French - Thursday 2 November, 8:00 pm:

JUSTE LA FIN DU MONDE (It's only the end of the world)

France-Canada, 2016, Dir. Xavier Dolan w/ Gaspard Ulliel, Nathalie Baye, Léa Seydou, and others, Drama, 99 mins, French WITH ENGLISH subtitles, Rated: PG

After 12 years of absence, a terminally ill writer returns to his native village to inform his family of his imminent death. New contact with his family circle where reciprocal love is being acknowledged through the eternal family guarrels. A much acclaimed award winning film.

#### International - Saturday 4 November, 8:00 pm: THE MEYEROWITZ STORIES (New and Selected)

USA, 2017, Dir. Noah Baumbach, w/Adam Sandler, Dustin Hoffman, Emma Thompson, 112 mins, Comedy-Drama, English w/ English subtitles, Rated: G

Grudges and rivalries abound as three adult siblings converge in New York to contend with their prickly artist father and his fading legacy. The three reflects on old resentments and grievances as their father, an eccentric New York sculptor, suffers a medical crisis and has one of his works featured in a new exhibition.

## Children's Film - Sunday 5 November, 4:30 pm:

LE PETIT NICOLAS (Little Nicholas)

France, 2009, Dir: Laurent Tirard, w/ Maxime Godard, Valerie Lemercier, Kad Merad and others, Comedy, 91mins, French w/English subtitles, Rated: G

Nicolas has a happy existence - parents who love him, a great group of friends with whom he has great fun. Al he wants is that nothing changes. However, one day, he overhears a conversation that leads him to believe that his life might change forever, his mother is pregnant! He panics and envisions the worst.

#### AKIRA KUROSAWA Movies @ Ciné-Club

Ciné-Club - Sunday 5 November, 8:00 pm:

DONZOKO (The Lower Depths)

Japan, 1957, Dir. Akira Kurosawa w/Toshiro Mifune, Isuzu Yamada, Kyoko Kagawa and others, Drama, 137mins, Japanese w/English subtitles, Rated: NR

In medieval Japan, aging Rokubei, his younger wife of four years Osugi and her uncle run a tenement complex. The tenants are a group of down-and-outers with some who operate on the far side of the law. The landlords have no compassion for the tenants, they mockingly only stating that the tenants will be given a favorable standing in a future life for any good deeds done around the tenement. The recent arrival of Kahei, a mysterious elderly man, affectionately referred to as Grandpa, who spins tales of the unknown, provides at least hope that there is a better life out there somewhere.

Rating codes we often use are from Motion Picture Association America (MPAA): G=General Audiences, PG=Parental of guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in

#### We appreciate your continued support.

Please make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service or set up for monthly contributions.

Thanking You, MMC/CP Group

\*\*The News&Notes is available for all to download from the Auroville website at http://www.auroville.org/contents/4186\*\* The archives are found at http://www.auroville.org/contents/186 And regular events at http://www.auroville.org/contents/4201

**IMPORTANT INFORMATION ABOUT NEWS & NOTES** 

(Absolute deadline for submissions or cancellations: Tuesday 5pm)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).

Please try your best to send your announcements, reports, film schedules whenever they are ready.

The Tuesday deadline (5pm) is absolute as the News is given to the printers on Wednesday.

Any modifications of the submitted News items have to be sent to the editors before deadline.

#### We regret not being able to attend to visitors on

Wednesdays due to work pressure. Articles for the Notes section no longer than 500 words. All

articles and reports need to reach us by Tuesday noon.

#### Visiting hours: Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; <u>No visitors on Wednesday</u>.

Soft Version: We encourage you to ask us for a soft version of News&Notes sent directly to your own mail. Don't hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133 if you want to give it a try.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 0413-2622133, email: newsandnotes@auroville.org.in

Auroville Emergency Contact Numbers - Save them in your phone now! → Auroville Safety and Security Team:

9443090107 (Email: avsecurity@auroville.org.in) → Ambulance:

Auroville: 9442224680 - Pims: 0413-2656271 → Farewell: mobile number: 8903836246. reachable 24/7

**REMINDER TO ALL GUESTS - Guest Registration Service-**

ALL GUESTS in Auroville (including Indian nationals and foreigners as well as friends and family members of Aurovilians) are required by Indian law and Auroville regulations to register within 24 hours of their arrival. In addition, guests are required to register each time they move to a new destination in Auroville.

The Auroville Guest Registration Service operates at 3 locations:

-Visitors Centre - at the far end of the Expo Hall (big white building on the left), opposite Dreamer's Cafe - All days 9:30-12:30 and 2:00-5:00 -Town Hall - reception area - Monday-Saturday 9:30-12:30 and 2:00-4:30

-Aspiration - Financial Service office left side - Monday-Saturday 9:00-12:30

-The Guest Facilities Coordination Group